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MAXILLOFACIAL FRACTURE, ETIOLOGY, PATTERN OF PRESENTATION AND TREATMENT MODALITY

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A research paper submitted to the School of Graduate Studies, Jimma University Presented in Partial Fulfillment of the Requirements for the certificate of specialization program in Oral and Maxillofacial Surgery

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MAXILLOFACIAL FRACTURE, ETIOLOGY, PATTERN OF PRESENTATION AND TREATMENTMODALITY IN ST.PAUL REFERRAL HOSPITAL IN ADDIS ABABA, ETHIOPIA:
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Abstract

Back ground -Maxillofacial injuries are seen in a large proportion of trauma patients especially in those caused by road traffic accidents. Due to the prominent nature of the area there are several esthetic and psychological impacts associated with the trauma. This in turn causes significant financial expense due to medical costs, the loss of income and even the person's loss of productivity. For these reasons, and more, injuries (maxillofacial as well) are an important health and economic concern for a country. Because the vast majority of maxillofacial injuries are preventable, preventive strategies targeting at the etiology of these injuries is important in order to reduce their occurrence.

Objective -, to investigate the etiology, pattern of presentation and treatment modality of maxillofacial fractures in St. Paul referral hospital in Addis Ababa Ethiopia.

Materials and methods -The medical records and radiograph report of the patients treated for maxillofacial fracture in St. Paul referral hospital over a 5 years period (2002–2007 E.C) were retrospectively revised. A number of parameters include the patient's age gender pattern of facial fractures, treatment modality and associated complications were recorded and assessed.

Results; A total of 620 patients with (90%) male and (10%) females were reviewed. The ratio of males to female was 9.1. Males 18 to 35 years of age sustained the most maxillofacial fractures. The majority of fractures were caused by road traffic accidents (75%) followed by falls 12%, fighting 8% and others 5%. There were 395(54%) mandibular, 264 (36%) maxillary, 44(6%) nasoethmido orbital and 29(4%) zygomatic complex fractures. There were 346 fractures treated by open reduction and internal fixation with intraosseous wiring (wire osteosynthesis) most commonly used followed by closed reduction with arch bur intermaxillary fixation (152 fractures) and internal fixation with plate (plate osteosynthesis) 77(19.4%) used according to the site of fracture, various types of regional complications were recorded in 68 patients (10.9%).

Conclusion – The finding of this study compared with similar studies reported in the literature, support the view that the causes and pattern of maxillofacial fractures vary from one country

to another with road traffic accidents being the leading cause. Greater efforts toward prevention and treatment programs are highly recommended.

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LIST OF ABBREVATIONS

IMF - .Intermaxilary fixation

MMF-maxillomandibular fixation

ORIF - open reduction and fixation

No -Number

RTA - road traffic accidents

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