ASSESEMENT OF MATERNITY WAITING HOMES UTILIZAION, PREGNANCY OUTCOMES, AND ASSOCIATED FACTORS AMONG WOMEN WHO GAVE BIRTH IN JIMMA ZONE, SOUTH WEST-ETHIOPIA.



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# JIMMA UNIVERSITY INSTITUE OF HEALTH FACULITY OF PUBLIC HEALTH DEPARTMENT OF EPIDEMIOLOGY

ASSESEMENT OF MATERNITY WAITING HOMES UTILIZAION, PREGNANCY OUTCOMES AND ASSOCIATED FACTORS AMONG WOMEN WHO GAVE BIRTH IN JIMMA ZONE, SOUTH WEST-ETHIOPIA.

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#### **Abstract**

**Background:** Maternity waiting homes are defined as lodgings or accommodation close to a health facility where women can stay before and sometimes after they gave birth. Maternal waiting homes are considered as an intervention to contribute to increase the utilization of maternal health service particularly among women living in rural areas where distance, topography, road access are a barrier to timely arrival atthe health facility. The purpose of the maternal waiting homes is to improve accessibility and reduce morbidity and mortality for mother and neonate when complications arise.

**Objective:** To assess factors associated with maternal waiting homeutilization and pregnancy outcomes among Women who gave birth in Jimma zone, South West Ethiopia 2021.

Method:Cross-sectional study was conducted among mothers who gave birth within a year preceding the survey in the selected woredas. Multistage stratified sampling technique was used to select study participants. Purposive sampling techniques were used to select four woredas and simple random sampling technique was used to select the kebeles from the selected woredas. Quantitative data was collected using a structured interview based questionnaire to measure maternal waiting homesutilization and pregnancy outcome among a total of 633 mothers. Data was entered into Epi data version 4.6 and analysed using SPSS version 21. Binary and multiple logistic regression analyses were carried out and variables with p-value < 0.25 were candidates for multiple logistic regression. Finally, a p-value of less than 0.05 declared the association.

**Result:**Maternal waiting home utilization among mothers was 24.8%. The main reason for not utilization was lack of awareness about the existence of MWHs. Autonomous decision making (AOR=5.11, 95%CI: 3.09, 9.57), knowledge about MWH utilization (AOR=6.59, 95%CI: 3.43, 8.09), and time taken to reach to the health facility (AOR =2.67, 95%CI: 1.19, 6) were significant predictors of maternal waiting homeutilization. Maternal waiting home utilization (AOR= 2.4 95%CI: 1.27, 5.6), mode of delivery (AOR=2.37, 95%CI: 1.12, 4.99), and place of delivery (AOR=5.32, 95%CI: 1.63, 17.37) were significant predictors of pregnancy outcome.

**Conclusion:** Utilization of maternal waiting home was low 24.8%. Maternal waiting home utilizers had more favourable pregnancy outcome than those non-utilizers. Promotion of maternal waiting home utilization and institutional delivery were recommended

**Key words**: Maternal waiting homes, pregnancy outcomes, utilization.

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# List of acronyms

C/S: Caesarean Section

EDHS: Ethiopia Demographic and Health Survey

FMoH: Federal Ministry of Health

HIV: Human Immune Deficiency Virus

JZHO: Jimma Zone Health Office

LB: Live Birth

MDG: Millennium Development Goal

MMR: Maternal Mortality Rate

MWH: Maternal Waiting Home

SB: Still Birth

SSA: Sub Saharan Africa

SVD: Spontaneous Vaginal Delivery

UN: United Nations

WHO: World Health Organization

## **Chapter 1: Introduction**

#### 1.1. Background

Maternity waiting homes are defined as lodgings or accommodation close to a health facility where women can stay before and sometimes after they give birth. Women staying in MWHs are then able to easily access services for essential obstetric or new-born complications at the nearby facility[1].

An estimated 66% of global maternal deaths occur in sub-Saharan Africa (SSA), where a woman's lifetime risk of maternal death is 1 in 37, higher than the risk in all least developed countries, estimated at 1 in 56 and which is far higher as compared to the global estimate which is 1 in 190 [2].

The maternal mortality ratio and infant mortality rate remain unacceptably high in spite of the unreserved efforts made by the government and other partners, and among the unachieved Millennium Development Goals (MDGs) targets in Ethiopia. Studies show that the reductionin maternal mortality remains insignificant over the past three decades [3].

Underutilization of life-saving health services has been associated with poor maternal and newborn outcomes. However, multiple factors influence the use of maternal health services for women living in poor, remote communities[4]. In areas with high maternal mortality ratios, utilization of maternal health services is low. Low utilization of maternal health services is mainly a result of barriers to access and leads to high maternal and perinatal morbidity and mortality. Differences in utilization between high-and low-income countries are enormous, but differences are also encountered within countries. Access to maternity health services is a key indicator of maternal mortality. Besides the per capita gross national product, access to maternal health services is the only important predictor [5].

To reduce high maternal morbidity and mortality, World Health Organization (WHO) has been endorsed Maternity waiting homes (MWHs) as one component of a comprehensive package [6]. MWHs identified as an intervention to increase demand for maternity care services, improve geographic access to facility delivery, and address the second delay: delay in reaching a health facility, firstidentified by Thaddeus and Maine in the three-delay model [7]. The second delay-the delay in the ability to reach care-is fueled by factors that both directly and in directly influence a woman's ability to reach care, including long distance to facilities, geographical

barriers, poor road infrastructure, lack of transportation options, poor communication, and costs associated with delivery such as transportation and supplies [8].

MWHs are temporary shelters for pregnant women located near a hospital or health center. These shelters, also known as maternal waiting homes, waiting homes, or maternal waiting areas are available to pregnant women from rural areas or those at high risk of obstetric complications to help overcome distance and time barriers to the health center [9].

The availability of MWHs has increase the provision of skilled delivery and postnatal care, referrals in case of complications, counselling for maternal and new born care including nutrition and early initiation of breastfeeding, family planning and social services. It also increases institutional deliveries and consequently decrease maternal mortality caused by the delay in reaching obstetric care [10].

## 1.2. Statement of the problem

Maternal health has become one of the major public health concerns for developing countries following the first safe motherhood conference held in Kenya in 1987 [11]. Globally, about 295,000 women died during and following pregnancy and childbirth in 2017. 94% of all maternal deaths occur in low and lower middle-income countries and most could have been prevented. SSA and Southern Asia accounted for approximately 86% (254 000) of the estimated global maternal deaths in 2017. SSA alone accounted for roughly two-thirds (196 000) of maternal deaths, while Southern Asia accounted for nearly one-fifth (58 000) [12].

Women die as a result of complications during and following pregnancy and childbirth. Most of these complications develop during pregnancy and most are preventable or treatable. Other complications may exist before pregnancy but are worsened during pregnancy, especially if not managed as part of the woman's care. According to 2014 WHO systematic analysis of global data on causes of maternal death 72.5% of 2,443,000 maternal deaths were due to direct obstetric causes haemorrhage27.1%, hypertension 14.0%, sepsis 10.7%, abortion7.9%, embolism 3.2%, other 9.6%), and 27.5% were due to indirect causes HIV-related 5.5%, pre-existing medical condition 14.8%, other 7.2% [13].

According to 2015 WHO report Ethiopia is among ten countries accounting for nearly 59% of global maternal deaths [14]. Around 20,000 women lose their lives due to pregnancy related complications [15]. Even though health care services during pregnancy, delivery and after delivery plays a crucial role in reducing maternal and infant mortality, the coverage of institutional delivery is very low in Ethiopia reaching only 26%. For women living in rural areas access to a health facility is very difficult due to many reasons. EDHS 2016 report indicated that 50% of reproductive age women have lack of access to health facilities due to distance [16]. One of the targets of the Government of Ethiopia for the year 2020 is to increase deliveries attended by skilled health professionals to be 90% and to reduce institutional maternal mortality rate to be less than one percent in 2020 [17].

Interventions for the prevention of maternal mortality are as varied as its causes, for example maternity waiting homes are residential facilities located near a hospital or a health center to

accommodate women in their final weeks of pregnancy to bridge the geographical gap in obstetric care between rural and urban areas and areas with poor access to facilities [18].

MWHs play important role in improving access to skilled birth attendance and improving maternal and new born health outcomes, however, its utilization was prevented by several factors; women's lack of decision-making autonomy, gender inequalities, low socioeconomic status, socio-cultural, non-availability of funds to buy the requirements for the baby and mother to use during labour at the clinic, concerns about a relative to remain at home and take care of the children and concerns about the poor state and lack of basic social and healthcare needs in the MWHs—like adequate sleeping space, beddings, water and sanitary services, food and cooking facilities as well as failure by nurses and midwives to visit the mothers staying in the MWHs to ensure their safety prevent women from using MWHs [19].

This strategy has shown a significant improvement in maternal and new born health outcomes and reduction in maternal and perinatal mortality in different countries. Despite studies showed that utilization of MWH reduce maternal and neonatal mortality, to the investigator knowledge there is no research done in the study area about factors associated with utilization of MWH and its relation with pregnancy outcome. Therefore, this study aims to assess MWHs utilization; it's relation with pregnancy outcomes and associated factors among women who gave birth in Jimma zone. In general, this understanding is important as it will provide a starting point for interventions focusing on improving the utilization of MWHs and pregnancy outcome in Ethiopia.

# 1.3. Significance of the study

The finding of this research will help policy makers to design different interventions for the improvement of pregnancy outcome by aligning the maternal waiting home utilization with the continuum of care that given at the health facilities.

The findings of this study will provide health managers to plan and implement appropriate interventions for the utilization of MWHs and better pregnancy outcomes. In addition, it might help to reduce maternal deaths through utilization of maternal waiting homes and enhance health and survival of new born child. The results of this study will also make an important contribution to other studies in similar areas.

Generally, this study helpsto give recommendations on appropriate strategies, program implementation considerations by policymakers, program partners, different stakeholders, health offices at different levels, and health care providers at health facilities in improving the service delivery given at the health facilities for the improvement of MWH utilization and pregnancy outcome.

## **Chapter 2: Literature review**

The establishment of MWHs for pregnant women to reduce obstetric complications is not a new idea. In Europe, different voluntary organizations have provided shelter for single mothers in an effort to reduce maternal and neonatal death secondary to pregnancy related complications. In 1960s, WHO had started to promote the use of MWHs to increase access to emergency obstetric care (EmOC).In Ethiopia the construction of few MWHs were started in 1980s. However, expansion to wider geographic areas and lower level health facilities is a very recent initiative [2].

Maternal waiting homes provide the opportunity for high risk women to come closer to hospital with essential obstetric facilities during their final week of gestation. In addition to decreasing maternal and neonatal mortality, the purpose is extended to the improvement of maternal and neonatal health. Furthermore, women will get education and counseling concerning pregnancy related complications, delivery, and neonatal care during their stay [14].

#### 2.1 Utilization of maternity waiting homes

The level of Utilization of MWHs is globally very low. One systematic review and meta-analysis study was conducted in African countries on the significant association between MWH utilization and perinatal mortality indicated that from the selected mothers from ten African countries, 31.2% of mother were utilized, this result showed that the utilization of MWHs among pregnant women is still low [20].

Another study conducted in Zambia to assess factors associated with MWHs utilization, the findings showed the utilization was very low and only 23.8% of the respondents stayed at the MWH before delivery [19]. Other study conducted in Tanzania showed that one third (31.3%) of mother utilized MWH prior to their delivery [21]. A cross-sectional study conducted in Merti District of Kenya in 2017 to assess the knowledge, attitude and utilization of women of child bearing age towards a maternity waiting home, the finding indicates that the level of utilization was very low (39.1%) [22].

A Comparative cross-sectional study done in Jinka southern regional state of Ethiopia in 2017 to assess the role of maternal waiting home in improving obstetric outcome, the result indicates

only 16.7% admitted or utilized MWHs [23].A cross-sectional study conducted in Jimma zone on pregnant women to assess intention to use maternity waiting home revealed that about 38.7% respondents had past experiences on MWH [24].

#### 2.2 Factors associated with utilization of MWHs

Different literatures showed the utilization of maternal waiting homes were not highly encouraged among pregnant women even though MWHs are constructed in different health facilities. Despite a woman willing to stay at MWH, different factors prevent a woman from staying at an MWH such as socio demographic, socioeconomic, personal, obstetrics, and facility related factors.

#### 2.2.1 Socio demographic and socio economic factors

A study done in Malawi indicated that about 38% of women in the sample were aged 20-24 years, 24% of women 25-29 age group utilized the MWHs [25]. Another study conducted in Liberia on maternal waiting homes and traditional midwifes the result revealed that the highest proportion of the respondents, 33.6 % were aged between 26 – 30 years [26]. About half of the respondents, 51.3% had no formal education while 33.1% had attained primary school level. Majority 83.07% of the Mothers in Merti Sub County were Housewives. Most, 351 (91.4%), of the respondents were Muslims. Majority, 80.2%) of the mothers were in a monogamous type of marriage. Almost two thirds, 63.3%, of their husbands were pastoralists [22].

In addition, other study shows key characteristics of mothers associated with health facility and MWH use in the sample. Mothers who completed primary schooling or more had slightly higher utilization of MWHs when compared to mothers who had no education. Mothers who were not married had lower utilization of MWH when compared to married women [12].

Multilevel cross sectional analysis was done in Jimma on factor associated with MWHs use indicated that women's occupation was associated with MWHs utilization. In this study, MWH utilization of housewives were more than womenwho had occupation outside their home and women describe that having a companion to help them to reach the health facilities when they were pregnant or for delivery had more utilization of MWHs than women who didn't have this form of social support [10].

Other study done in Nicaragua indicated that 26% of the women in the sample report that their husbands make all major household decisions, including those related to their wives' healthcare [27]. A study conducted in Ethiopia showed that, women stayed at the MWHs reported that decision to come to the MWHs was made mainly by a joint discussion with family/husband (46%). Decision-making to be admitted to MWHs, by the woman herself was made in 16% of the cases. In-depth interview participants also replied that the decision to come to MWHs was mainly made with husband [18].

A cross-sectional study done in Ethiopia on women staying at the waiting homes to assess the situation, women's experiences and challenges found that the commonest factors for not using MWH were absence of caretakers for children (68%) [28]. Another study conducted at Eastern Gurage region of Ethiopia indicated that women's lack of decision-making autonomy, low socioeconomic status, and socio-cultural norms prevent them from utilising the MWHs [29].

The situation, experiences and challenges of women's who utilized MWHs in various regions in Ethiopia showed 33% of MWHs utilizers experienced refusal of admission by the husband due to concern of work burden and family care [30]

#### 2.2.2 Facility related factors

Different factors affect the utilization of MWHs. For instance, knowledge, accessibility, cost, distance, lack of transportation and other factors are identified as a barrier that limits the utilization of MWH[29].

#### 2.2.2.1 Accessibility

A retrospective cohort study conducted in rural hospitals Ethiopia on the role of MWHs in reducing maternal mortality and stillbirths in high risk women indicated that 78.4% of pregnant mothers reported lack of transport/long distance as a challenge to utilization of MWH. In this study the costs of transport for an average 40 km and a long journey (200 km) by day were 6 USD and 30 USD respectively, whereas the similar journeys by night cost 36 USD and 180 USD respectively. Many women who did not live near a road were carried by stretcher, sometimes aided by a donkey or mule until they reached a road or truck that could be used by a vehicle. 73 % of non MWH women reported that the cost of transport was the cause of their delay in coming

to hospital [6]. The costs of transport to the district hospital by tractor vary from 0.10 USD for villages very close to the district hospital 1.50 USD for the villages' 29 kilo meters away [32].

A study done in Zambia revealed that most MWH users were provided with some simple bedding and about 72 % were given some food during their stay. However, clean water, lightning, bathing facilities and coffee ceremony (an important cultural routine in households that create a home like environment at MWHs) services were not widely available. Just over a quarter of the women said family visit were permitted during their stay [33]. Mothers who lived 15 km from the health facility or greater were more likely to use a MWH when compared to women who lived within 9.5-9.9 km of the nearest health care facility [34].

#### 2.2.3 Obstetric factor

A retrospective cohort study conducted at different hospitals in Ethiopia from 1987 to 2008 showed that 38.5 % of women admitted at MWHs required delivery by cesarean section indicating their high risk status, 20.3 % as compared to those admitted directly. Vacuum delivery was more common in the non-MWH group [6].

Another study conducted in Zambia showed that MWH utilizers were more often nulliparous and they also had history of previous caesarean section more frequently. Only 17% of the utilizers had no maternal risk factors as compared to 47% of non-utilizers. Breech or transverse presentation occurred more frequently in the utilizers group [35].

#### 2.2.4 Personal factors

#### **2.2.4.1 Knowledge**

A cross-sectional study design conducted in Merti District of Kenya to assess the knowledge, attitude and utilization women of child bearing age towards skilled delivery services in a maternity waiting home, the finding indicates that two thirds (66.4%) of the mothers were not aware of the presence of the maternal waiting home [22].

In Kenya, awareness about the existence of the MWH appeared to be a barrier as 72% of pregnant women did not know about the existence of the MWH [31].

#### 2.3. Pregnancy outcomes

One systematic review and meta-analysis study was done in six African countries (Eretria, Ethiopia, Liberia, Malawi, Zambia, and Zimbabwe) to assess the effects of MWHs on stillbirth five studies are pooled and the occurrences of stillbirth among non-users are more than ten times as compared to users [36].

In 1994, Chandramohan evaluated a MWH over a two year period. They compared the outcome of delivery on women who had stayed in the MWH to women who had not. They found that the perinatal death rate per 1000 births was 19.1 in the users group compared to 32.2 amongst the non-users [37].

In 1990, a hospital based prospective cohort was conducted at Atat hospital with objective of MWHs effects on perinatal and maternal outcome was done and the study showed that the perinatal mortality among mothers who utilized MWHs were ten times more than non-utilizers; about 28 and 254 perinatal death per 100,000 live births [38].

# Conceptual frame work

After reviewing different literaturesthis Conceptual frame work has been developed (13, 19, 21, 22, 23, and 25),

#### ExternalvariableUtilizationOutcome

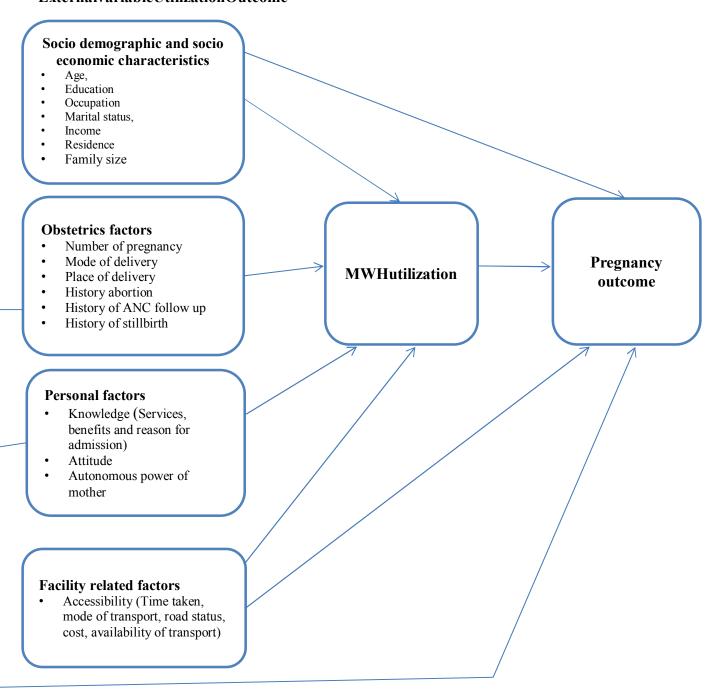


Figure 1 Conceptual frame work developed after reviewing different literatures, August 2021

# **Chapter 3: Objectives**

#### 3.1 General Objective:

• To assess factors associated maternal waiting homeutilization and pregnancy outcomes among mothers who gave birth in the last twelve months in Jimma Zone, Ethiopia2021.

#### 3.2 Specific Objectives:

- To determine the level of maternity waiting home utilization among mothers who gave birth in the last twelve months in Jimma Zone, Ethiopia 2021
- To identify factors associated with maternal waiting home utilization among mothers who gave birth in the last twelve months in Jimma Zone, Ethiopia 2021
- To assess pregnancy outcomes among mothers who gave birth in the last twelve months in Jimma Zone, Ethiopia 2021
- To identify factors associated with pregnancy outcome in the last twelve months in Jimma Zone, Ethiopia 2021

# **Chapter 4: Method and Materials**

#### 4.1. Study area and period

The study was conducted in Jimma Zone, from May to June 2021. Jimma zone is one of the 22 zones of Oromia Regional State, which is found at 357 km from Addis Ababa. The zone has 3,399,784 population (49.3% are males and 50.7% females) and an area of 15,568.58 km<sup>2</sup>. The zone has 21 woredas and 1 town administration. It has five primary hospitals, 122 health centers, and 566 health posts of which 513 of them are rural and 53 of them are urban. The study areas are, Dedo, Mencho, Omonada, and Omobeyam woredas. In the four study areas, 25 health centers and 2 primary hospitals are found.

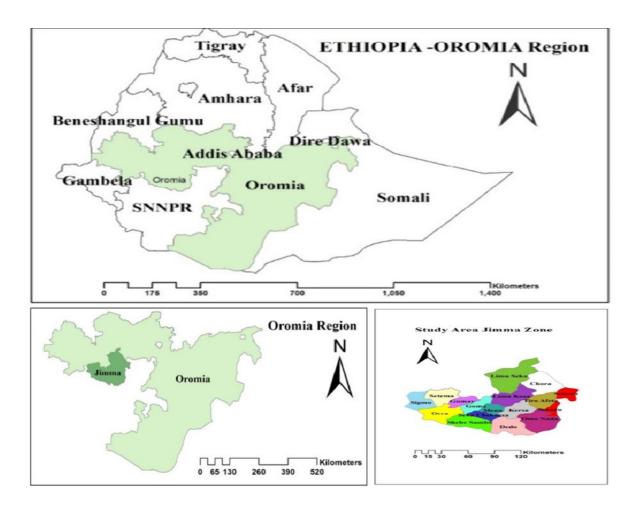


Figure 1: Map of Ethiopia, Oromia, and Jimma zone(source JZHO)

#### 4.2. Study design

A community based, cross-sectional study design wasemployed.

# 4.3. Population

#### 4.3.1. Source population

All women who gave birth in the last 12 months in Jimma zone was considered as a source population.

#### 4.3.2. Study population

All women who gave birth in the last 12 months in the selected four woredas of Jimma zone.

#### 4.4. Inclusion and exclusion criteria

#### **Inclusion**

- All mothers who gave birth in the past 1year regardless of new born outcome and residing in the study areawas included.
- Mothers who stayed in the study area for the last one year

#### **Exclusion**

Mothers who are critically ill or who have known mental illness

#### 4.5. Sample size and sampling techniques

#### 4.5.1 Sample size determination

Sample size is determined for the third objective using single population proportion formula based on the following assumptions.

$$n = \frac{(Za/2)^2 P(1-P)}{d^2}$$

Where n is sample size, P (proportion ofmothers with favorable birth outcome) in the study sites and d is the margin of error. The following assumptions were used. P was taken to be 50 % [p=0.5] because to get maximum sample size]. Allowing 5% for expected margin of error (d) and 95%  $(Z^{\alpha}/2=1.96)$  confidence level, the required sample size n will be 384. With 10% non-response rate the total sample size will be 422. Considering design effect 1.5 (Since there is no previous information from other studies). Therefore, the final sample size was 633.

➤ Sample size calculation for the first and secondobjectives using Epi Info 7 software for MWH utilization and associated factors from different literatures. Age of woman and distance from health facility with power 80% were considered for sample size calculation.

Table 1. Sample size determination for maternal waiting home utilization and associated factors, Jimma zone, 2021

Population		Proportion	Sample	10% non	FinalSample	Reference
			size	response	size	
MWH utilization	n	P1=31.3 %	495	50	545	[21]
Age of woman	< 35	43 %	311	31	342	[39]
	≥ 35	7 %	311	31	342	[37]
Distance from	<60	8.3%	462	46	508	[21]
health facility	>60	61.3%	102	70	300	[21]

Thus, objective three sample size is taken as a final sample size as it was greater than objective one and two sample size.

#### 4.5.2. Sampling techniques

Multistage stratified sampling technique was used to select the study participants. From a total of 21woredas found in Jimma zone, 4 woredaswereselected purposively. According to Jimma Zone Health Office (JZHO) data, the woredashad the largest number of population as compared to other woredasand more MWHs are available in these woredas. In the four woredas, a total of105 kebeles were found. Simple random sampling technique wasused to select 30% of kebeles from each district and 32 kebeles was included in the study. The sample size was proportionally allocated for each of the selected kebeles based on the number of mothers who had children less than 1 year. Sampling frame was prepared together with health extension workers by reviewing delivery registers and identifying mothers who gave birth within the last 12 months. Appling sampling frame, simple random sampling technique was used to select study participants from each of the selected kebeles. Then Computer generated random number was employed to select study participants. The selected mothers were located and data was collected accordingly.

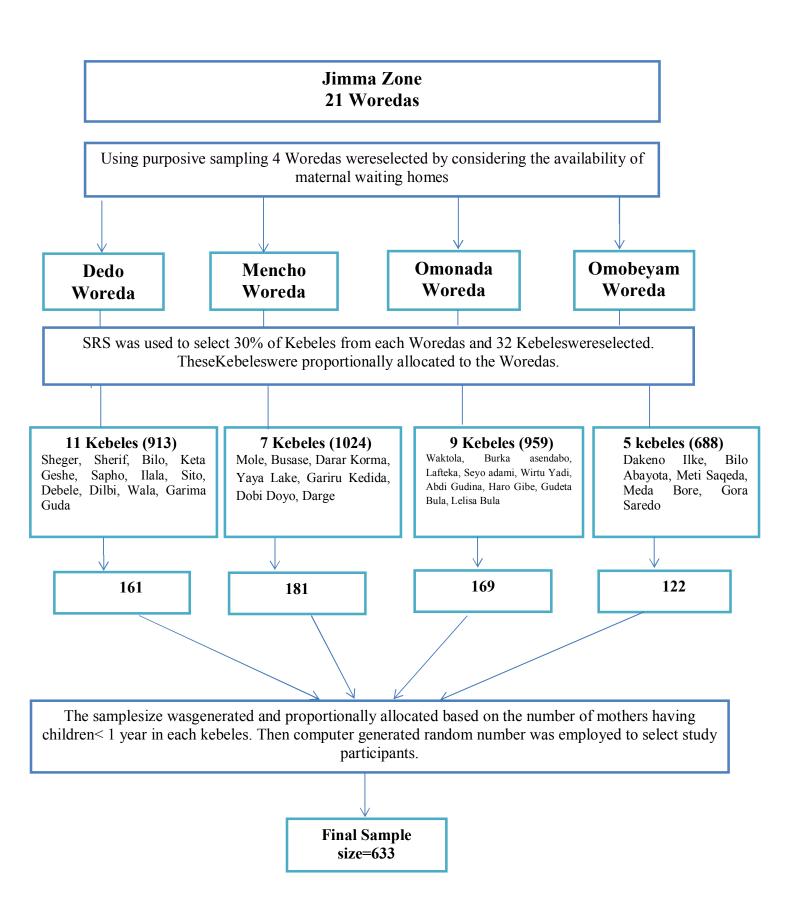


Figure 2: Schematic presentation of sampling procedure

#### 4.6. Study variables

**Dependent variables:** Pregnancy outcomes, utilization towards MWHs

**Independent variables** 

Socio-demographic: Age, religion, marital status, residence, and family size.

**Socio economic factors**: Income, social support, educational status, occupation

**Facility related factors:** Distance of the facilities, availability of transport, road status, transportation cost.

**Obstetrics factors**: Number of pregnancy, number of children, mode of delivery, and history of abortion, stillbirth and ANC follow up.

**Personal factors:** Knowledge about MWH service, attitude towards MWHs, and decision making autonomy of the women.

#### 4.7. Operational definition

**Knowledge of mothers about MWH service:** It was measuredbased on the three questions about MWH service. A mother is considered as knowledgeable if she knows the services that are given, the benefits and the reason for admission at MWH facility.

**Maternity waiting homeutilization:** It was coded 1 if the mothers had utilized the MWHs and delivered at the health facility regardless of duration of stay and coded2 if Mothers who never been utilized the MWHs.

**Pregnancy outcomes:** It was measured based on two options as favourable birthoutcome [live birth], and adverse birth outcome [Still birth].

Time to reach to the nearby health facility: - Thiswas coded 1 if mothers reported the time taken to reach to the nearby health facility is less than 60 minutes otherwise, otherwise it will coded 2.

#### Availability of transport service from home to the nearest health facility

It was coded 1 if the mothers reported that getting transport service from home to the nearest health facility was sometimes; otherwise, it will coded 2.

**Attitude towards MWH:** - Attitude of the mothers towards MWH is measured by 8 items on likert scale ranging from 1 =Agree to 3 =Disagree.

**Favourable attitude:-**Those who obtain ≥the mean score on the attitude questions.

**Not favourable attitude: -** Those who obtain< mean score on the attitude questions.

**Decision making autonomy:** Itwas measured based on the three questions. If the Mothers responded at least two questions out of three as they decide alone or jointly with husband was considered as they have decision making power otherwise, not.

**Social support:** It was measured by six items on two scale measurement of (Yes and No). Those who scored above meanwere taken as good experience.

#### 4.8. Data collection tools and procedures

Considerable attention was given to obtain valid and reliable information that suits the objective. Data was collected using pretested, structured interviewer administered questionnaire. The questionnaire for data collection was prepared after reviewing different literatures relevant to the study and adapted to the local situation.

In order to keep participants anonymity, privacy and cultural integrity; four female 10<sup>th</sup> grade students who could speak the local language was selected as an enumerator. Females are selected because, they could understand and participants would forward their opinion without being embarrassed and fear of the breach of their secret.

#### 4.9. Data processing and analysis plan

All the information from questionnaire interview was checked for completeness, consistency and clarity and was coded and entered in to Epi data 4.6 and was exported to version SPSS version 21 for analysis. Data was cleaned and explored for outliers, missed values and any inconsistencies. Descriptive statistics like frequency tables, graphs and descriptive summaries was used to describe the study variables. An odds ratio (95% confidence intervals) and Binary Logistic regression analysis was used to assess the association of independent variables with the outcome variable and p value < 0.25 was candidates for multiple logistic regression and P value < 0.05 were considered statistically significant in all tests of significance. Model fitness checked by using Hosmer and Lemeshow test with 5 degree of freedom.

#### 4.10. Data quality control

Data quality was assured through training of data collectors, pretesting questionnaire, and continuous supervision at the time of data collection. Data collectors were trained by the principal investigator for two days on how to fill questionnaires. Additionally the questionnaire

primarily available in English language was translated into local language (Afaan Oromo) then back to English. To assess reliability Cronbach's alpha was checked and it was greater than the cutoff point 0.7. Furthermore, the supervisor team wasavailable at the time of data collection to clarify certain possible misunderstandings. The questionnaire waspre tested among 5% of women in Seka district before actual data collection. The data was checked each day for completeness and consistency during data collection, at a stage before data entry by supervisors and principal investigator. Double data entry will also be done to avoid or minimize data entry errors.

#### 4.11. Ethical consideration

Ethical clearance was obtained from Jimma University Institute of Health Ethical Review Board. Also, administrative clearance was secured from Jimma Zone Health Office, Dedo, Woreda Health Office, Mencho Woreda Health Office, Omonada Woreda Health Office, and Omobeyam Woreda Health Office. Since the subject of the study could raise sensitive cultural and ethical issues, care was taken in designing a questionnaire and selecting enumerators. Interviewers wasstrictly trained and reminded to keep the local cultural norms. The objective of the study, the benefits and the harms wasbriefly explained for the study participants. Participation in the study will totally be on a voluntary basis and oral informed consent was obtained from each participant. The participant's right to withdraw at any time during the interview was protected. To ensure confidentiality the data was used only for the purpose of the study with anonymity. The completed questionnaire waskept in a secured place for at least five years and then it wasshared for the public.

#### 4.12. Dissemination plan

The findings of this study will be presented in postgraduate student defence. A copy of the result of this study washanded over to Jimma University, Jimma Zone health office, and the four Woreda Health Offices, and also for other concerned bodies. A manuscript will be prepared and efforts will be made to publish the findings on high impact journals.

# **Chapter 5: Result**

#### 5.1 Socio-demographic and socio economic factors

633 women were interviewed and yield a response rate of 100%. The mean (95%CI) age of the women was 27.91 (27.48, 28.33) years. 518 (81.8%) of the respondents resides in ruraland 115 (18.2%) of them were living in semi-rural.Of the total, 246 (38.8%) of the respondents, can't read and write followed by 229(36.2%), can read and write whereas158(25%) had formal education. 313 (49.5%) of mothers occupation was housewife whereas 245 (38.7%) of them were farmers. Mothers whose income level less than 2250 birr per month which is the mean value of the overall monthly income of the mothers were 515 (81.4%) (Table 2).

Table 2. Socio-demographic and socio economic characteristics of mothers in Jimma zone, 2021

Variable	Category	Frequency	Per cent (%)
Age	15-19	36	5.7
	20-24	142	22.4
	25-29	197	31.1
	30-34	170	26.9
	>35	88	13.9
Religion	Muslim	548	86.6
	Christian	85	13.4
Marital status	Married	603	95.3
	Unmarried	30	4.7
Residence	Rural	518	81.8
	Semi-rural	115	18.2
Family size	<b>≤</b> 4	317	50.1
	≥ 5	316	49.9
Maternal education	Can't read and write	246	38.8
	Read and write	229	36.2
	Formal education	158	25
Husband education	Can't read and write	144	23.9
	Read and write	272	45.1
	Formal education	187	31
Mother occupation	Housewife	313	49.5
	Farmer	245	38.7
	Merchant	64	10.1
	Government employee	11	1.7
<b>Husband occupation</b>	Farmer	405	67.2
	Merchant	160	26.5
	Government employee	38	6.3
Monthly income in	< 2250	515	81.4
Birr	≥ 2250	118	18.6

#### 5.2 Obstetrics factors

585 (92.4%) of mothers had more than one pregnancy, 505 (79.8%) of the women have no previous history of stillbirth. 591 (93.4%) of them reported that they don't have a previous history of abortion, and 557 (88%) mothers had previous ANC follow up. Regarding mode of delivery, 581 (91.8%) of the women delivered through spontaneous vaginal delivery (Table 3).

Table 3. Obstetric characteristics of mothers in Jimma zone, 2021

Factor	Variable	Frequency	Percent
Gravidity	Primigravida	48	7.6
	Multigravida	585	92.4
History of stillbirth	Yes	128	20.2
	No	505	79.8
<b>History of Abortion</b>	Yes	42	6.6
	No	591	93.4
ANC follow up	Yes	557	88
	No	76	12
Mode of delivery	Spontaneous vaginal delivery	581	91.8
	Others*	52	8.2
Place of delivery	Home	85	13.4
	Health facility	548	86.6

Cesarean section, instrumental delivery\*

#### 5.3. Personal factors

589 (93%) of the respondents reported they were autonomous in making their health care decision, 420 (66.4%) of them hadfavourable attitude towards MWH utilization, and 236 (65.5%) of them are knowledgeable about MWH utilization (Table 4).

Table 4. Personal factors of mothers in Jimma zone, 2021

Factor	Variable	Frequency	Percent
Decision making	Autonomous	589	93
Decision making	Not autonomous	44	7
Attitude	Favourable	420	66.4
Attitude	Unfavourable	213	33.6
Knowledge	Knowledgeable	236	65.6
Timowicuge	Not knowledgeable	124	34.4
Casial summent	Good	120	19
Social support	Poor	513	81

#### 5.4. Facility related factors

374 (59.1%) of mothers revealed that time taken from home to health facility is less than 60 minute and 377 (59.6%) of them were walking on foot to reach to the health facility. With regard to road status, 350 (55.3%) of them were reported that the road status to reach to the health facility were inconvenient. Regarding cost of transportation, 533 (84.2%) of the respondents revealed that no transportation cost whereas 58 (9.2%) of them reported the cost is affordable (Table 5).

Table 5. Facility related factors of mothers in Jimma zone, 2021

Factor	Variable	Frequency	Percent
Time taken	< 60	374	59.1
	> 60	259	40.9
Mode of transport	On foot	377	59.6
	Other means	256	40.4
<b>Availability</b> of	Not available	487	76.9
transport	Available	146	23.1
Cost of transportation	Affordable	58	9.2
	Not affordable	42	6.6
	Free of charge	46	7.3
	Not available	487	76.9
Road status	Inconvenient	350	55.3
	Convenient	283	44.7

#### 5.5. Maternal waiting home utilization

Regarding maternal waiting home utilization 157(24.8%) of the respondents have ever used MWH. The major reason suggested by respondents for not using MWH was lack of awareness about the existence of MWH 209(33%) followed by not refereed or transferred to the MWH 117 (18.5%). Facilitators for MWH utilization were counselling by healthcare providers during ANC follow up 119(18.8) followed by perceived quality of care and awareness of high risk status both at 19(3%). (Figure 3 & 4).

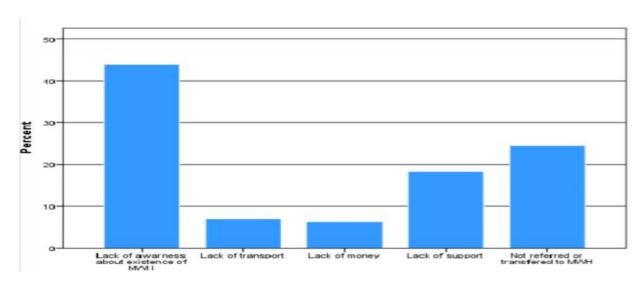


Figure 3. Reason for not using MWH among mothers in Jimma Zone, south west Ethiopia, August 2021

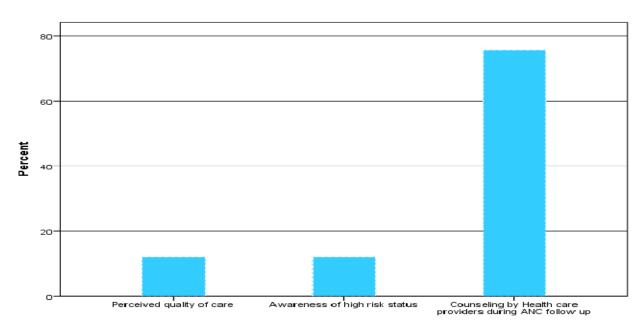


Figure 4. Facilitators for MWH utilization among mothers in Jimma zone, southwest Ethiopia, August 2021

#### 5.6. Factors related with MWH Utilization

Variables having P-value < 0.25 in bivariate analyses; Age, residence, family size, mother education & occupation, husband education & occupation, income, gravidity, history of stillbirth, ANC follow up, mode of delivery, place of delivery, decision-making autonomy, attitude, knowledge, time taken to reach the health facility, mode of transport, frequency of availability, road status was selected as candidate for multiple logistic regression analyses (Table 7 & 8).

Table 6. Bivariate logistic regression showing association between socio demographic & Socio economic characteristics and MWH utilization in Jimma zone, 2021

Variables		MWH Utilization		COR (95% CI)	P-Value	
		Not Utilized	Utilized			
	15-19	33(6.9)	3(1.9)	4.32(3.37,6.18)		
	20-24	110(23.1)	32(20.4)	3.44(2.32,5.10)		
Age	25-29	148(31.1)	49(31.2)	3.02(2.19,4.17)	< 0.001	
	30-34	122(25.6)	48(30.6)	2.54(1.82,3.55)		
	≥ 35	63(13.2)	25(15.9)	1		
Residence	Rural	396(83.2)	122(77.7)	1		
Residence	Semi-rural	80(16.8)	35(22.3)	2.29(1.54,3.4)	< 0.001	
Family size	≤ 4	240(50.4)	77(49)	1		
railily size	≥ 5	236(49.6)	80(51)	2.95(2.29,3.80)	< 0.001	
Mother	Cannot read and write	178(37.4)	68(43.3)	1		
education	Read and write	163(34.2)	66(42)	2.47(1.86, 3.28)	< 0.001	
education	Formal education	135(28.4)	23(14.6)	5.87(3.77, 9.13)		
	Cannot read and	95(21.2)	49(31.6)	1.94(1.37, 2.74)		
Husband	write				< 0.001	
education	Read and write	204(45.5)	68(43.9)	3(2.28, 3.95)	< 0.001	
	Formal education	149(33.3)	38(24.5)	1		
	Housewife	228(47.9)	85(54.1)	2.68(2.09, 3.44)		
Mother	Farmer	191(40.1)	54(34.4)	3.54(2.62, 4.78)	< 0.001	
occupation	Merchant	49(10.3)	15(9.6)	3.27(1.83, 5.83)		
occupation	Government	8(1.7)	3(1.9)	1		
	employee					
	Farmer	296(66.1)	109(70.3)	1		
Husband	Merchant	121(27)	39(25.2)	3.10(2.16,4.45)		
occupation	Government	31(6.9)	7(4.5)	4.43(1.95,10.06)		
	employee		_		< 0.001	
Income	< 2250	398(83.6)	117(74.5)	1		
mcome	≥ 2250	78(16.4)	40(25.5)	1.95(1.33, 2.86)	< 0.001	

Table 7. Bivariate logistic regression showing association between obstetric, personal and facility related characteristics and MWH utilization in Jimma zone, 2021

Variables		MWH utiliza	ition	COR (95% CI)	P-Value
variables		Not utilized	Utilized		
~	Primigravida	44(9.2)	4(2.5)	6.8(3.95,23.61)	< 0.001
Gravidity	Multigravida	432(90.8)	153(97.5)	1	
History of	Yes	101(21.2)	27(17.2)	3.74(2.45,5.72)	< 0.001
still birth	No	375(78.8)	130(82.8)	1	
History of	Yes	30(6.3)	12(7.6)	2.5(1.28,4.88)	.007
abortion	No	446(93.7)	145(92.4)	1	
ANC follow	Yes	404(84.9)	153(97.5)	2.64(2.19, 3.18)	< 0.001
up	No	72(15.1)	4(2.5)	1	
Place of	Home	85(17.9)	0(0)	1	
delivery	Health facility	391(82.1)	157(100)	2.49(2.07,3.0)	< 0.001
Decision	Autonomous	438(92)	151(96.2)	6.33(2.68, 14.98)	
making	Not autonomous	38(8)	6(3.8)	1	< 0.001
	Favorable	268(56.3)	152(96.8)	1.76(1.45, 2.15)	< 0.001
Attitude	Unfavorable	208(43.7)	5(3.2)	1	
	Knowledgeable	83(40.9)	153(97.5)	4.67(1.08,6.24)	
Knowledge	Not knowledgeable	120(59.1)	4(2.5)	1	< 0.001
Time taken	< 60	322(67.6)	52(33.1)	1	
	> 60	154(32.4)	105(66.9)	1.47(1.14,1.88)	.002
Mode of	On foot	279(58.6)	98(62.4)	1	
transport	Other means	197(41.4)	59(37.6)	3.34(2.5,4.47)	< 0.001
Availability	Not available	358(75.2)	129(82.2)	1	
of transport	Available	118(24.8)	28(17.8)	4.21(2.79,6.36)	< 0.001
Road status	Inconvenient	257(54)	93(59.2)	1	
	Convenient	219(46)	64(40.8)	3.42(2.59,4.52)	< 0.001

In multiple logistic regression analyses, after adjusting for potential confounders, autonomous decision making, knowledge about the MWH utilization, and time taken to reach to the health facility were found to be predictors of MWH utilization. Model fitness checked by using Hosmer and Lemeshow test with 5 degree of freedom and significance level of 0.981 for MWH utilization. Multi collinearity between different predictor variables were checked using variance inflation factor and maximum VIF was 3.05.

Mothers, who were autonomous in making their health care decisions were 5 times more likely to utilize MWH than those were not autonomous (AOR=5.11, 95% CI: 3.09-9.57). Women who are Knowledgeable were 7 times more likely to utilize MWH than mothers who are not Knowledgeable (AOR=6.59, 95% CI:3.43.8.09). Mothers who reported that time taken to reach to the health facility were 3 times more likely to utilize MWH service than their counterparts (AOR=2.67,95% CI: 1.19, 6) (Table 8).

Table 8. Multiple logistic regression showing factors independently associated with MWH utilization among mothers in Jimma Zone, 2021.

Variables		MWH Utilization		Odds Ratio (95% CI)		
		Not utilized	Utilized	COR	AOR	P value
Decision	Autonomous	438(92)	151(96.2)	6.33(2.68, 14.98)		0.001*
making	Not autonomous	38(8)	6(3.8)	1	5.11(3.09,9.57)*	
	Knowledgeable	83(40.9)	153(97.5)	4.67(1.08,6.24)		0.03*
Knowledge	Not knowledgeable	120(59.1)	4(2.5)	1	6.59(3.43,8.09)*	
Time taken	< 60	322(67.6)	52(33.1)	1	2.67(1.19,6)*	
	> 60	154(32.4)	105(66.9)	1.47(1.14,1.88)	2.07(1.17,0)	0.02*

COR=Crude odds ratio; AOR=Adjusted odds ratio; CI=Confidence Interval

<sup>\*</sup>Statistically significant p<=0.01, 1-Reference

#### 5.7. Factors related with pregnancy outcome

Variables having P-value < 0.25in bivariate analyses; Age, residence, family size, mother education & occupation, husbandeducation & occupation, income, gravidity, history of abortion, ANC follow up, mode of delivery, place of delivery, decision making autonomy, attitude, knowledge, time taken to reach the health facility, mode of transport, cost of transport, frequency of availability, road status were selected as candidate for multiple logistic regression analyses (Table 10 &11).

Table 9. Bivariate logistic regression showing association between socio demographic & Socio economic characteristics and pregnancy outcome in Jimma zone, 2021

Variables		Pregnancy Outcome		COR (95% CI)	P.Value
		Stillbirth	Alive		
Age	15-19	10(15.6)	26(4.6)	2.6(1.25,5.39)	0.010
	20-24	13 (20.3)	129(22.7)	9.92(5.61,17.55)	< 0.001
	25-29	18(28.1)	179(31.5)	9.94(6.13,16.15)	< 0.001
	30-34	14(21.9)	156(27.4)	11.14(6.45,19.25)	< 0.001
	≥ 35	9(14.1)	79(13.9)	1	
Residence	Rural	56(87.5)	462(81.2)	1	
	Semi-rural	8(12.5)	107(18.8)	13.38(6.52,27.43)	< 0.001
Family size	≤ 4	26(40.6)	291(51.1)	1	
	≥ 5	38(59.4)	278(48.9)	7.32(5.21,10.27)	< 0.001
Mother education	Cannot read and write	24(37.5)	222(39.0)	1	
	Read and write	24(37.5)	205(36.0)	8.54(5.6,13.04)	< 0.001
	Formal education	135(28.4)	23(14.6)	8.88(5.29,14.88)	< 0.001
Husband education	Cannot read and write	14(23.7)	130(23.9)	9.29(5.35,16.12)	< 0.001
	Read and write	24(40.7)	248(45.6)	10.33(6.8,15.71)	< 0.001
	Formal education	21(35.6)	166(30.5)	1	
Mother occupation	Housewife	29(45.3)	284(49.9)	1	
	Farmer	29(45.3)	216(38.0)	7.45(5.06,10.98)	< 0.001
	Merchant	4(6.3)	60(10.5)	15(5.45,41.27)	< 0.001
	Government employee	2(3.1)	9(1.6)	4.5(0.97,20.83)	0.054
Husband occupation	Farmer	43(72.9)	362(66.5)	1	
	Merchant	13(22)	147(27)	11.31(6.41,19.94)	< 0.001
	Government employee	3(5.1)	35(6.4)	11.67(3.59,37.93)	< 0.001
Income	< 2250	56(87.5)	459(80.7)	1	
	≥ 2250	8(12.5)	110(19.3)	13.75(6.71,28.18)	< 0.001

Table 10. Bivariate logistic regression showing association between socio demographic & Socio economic characteristics and pregnancy outcome in Jimma zone, 2021

Variables		Pregnancy	Outcome	COR (95% CI)	P.Value
		Stillbirth	Alive		
Cwayidity	Primigravida	6(9.4)	42(7.4)	7(2.98,16.47)	< 0.001
Gravidity	Multigravida	58(90.6)	527(92.6)	1	
History of	Yes	5(7.8)	37(6.5)	7.4(2.91,18.83)	< 0.001
abortion	No	59(92.2)	532(93.5)	1	
ANC follow up	Yes	48(75)	509(89.5)	1	< 0.001
ANC lonow up	No	16(25)	60(10.5)	3.75(2.16,6.51)	
	Spontaneous	54(84.4)	527(92.6)	1	
Mode of delivery	vaginal delivery				<.001
	Others	10(15.6)	42(7.4)	4.2(2.11,8.37)	
Decision making	Autonomous	4(6.3)	147(25.8)	1	
Decision making	Not autonomous	60(93.8)	422(74.2)	7.8(3.07,19.79)	< 0.001
Attitude	Favourable	28(43.8)	185(32.5)	10.68(7.58,15.01)	< 0.001
Attitude	Unfavourable	36(56.3)	384(67.5)	1	
Knowledge	Knowledgeable	11(52.4)	225(66.4)	1	< 0.001
	Not knowledgeable	10(47.6)	114(33.6)	11.4(5.97,21.76)	<b>\0.001</b>
Place of delivery	Home	16(25)	69(12.1)	1	< 0.001
	Health facility	48(75)	500(87.9)	10.42(7.75,14.01)	<b>\0.001</b>
MWH Utilization	Yes	5(7.8)	152(26.7)	7.07(5.38,9.28)	< 0.001
WIWH Cumzation	No	59 (92.2)	417(73.3)	1	<b>\0.001</b>
Travel time	< 60	40(62.5)	334(58.7)	1	< 0.001
	> 60	24(37.5)	234(41.1)	9.79(6.43,14.9)	<b>\0.001</b>
Mode of	On foot	37(57.8)	340(59.8)	1	< 0.001
transport	Other means	27(42.2)	229(40.2)	8.48(5.69, 12.64)	<b>\0.001</b>
Frequently	Not available	52(81.3)	435(76.4)	1	< 0.001
available	Available	12(18.8)	134(23.6)	11.17(6.19, 20.16)	<b>\0.001</b>
Cost of	Affordable	5(7.8)	53(9.3)	10.6(4.24, 26.52)	< 0.001
transportation	Not affordable	5(7.8)	37(6.5)	7.4(2.91,18.83)	< 0.001
	Free of charge	54(84.4)	479(84.2)	1	
Road status	Inconvenient	41(64.1)	309(54.3)	1	
	Convenient	23(35.9)	260(45.7)	11.3(7.38, 17.32)	< 0.001

In multiple logistic regression analyses, after adjusting for potential confounders, MWH utilization, mode of delivery, attitude of mothers, and place of delivery were found to be predictors of pregnancy outcome. Model fitness checked by using Hosmer and Lemeshow test with 5 degree of freedom and significance level of 0.562 for pregnancy outcome.

Mothers who utilized MWH were 2 times more likely to have favourable pregnancy outcome than their counterparts (aOR=2.4, 95%CI; 1.27, 5.6). In addition, mothers who deliver through a caesarean section or instrumental delivery were 2 times more likely to have favourable birth outcomes than those who delivered by spontaneous vaginal delivery (aOR=2.37, (95%CI: 1.12,4.99). Mothers who deliver the health facility were 5 times more likely to have favourable birth outcome than those who delivery at home (aOR=5.32, 95%CI; 1.63, 17.37).

Table 11. Multiple logistic regression showing factors independently associated with pregnancy outcome among mothers in Jimma Zone, 2021.

Variables		Pregnancy Outcome		Odds Ratio (95%, CI)		P value
		Stillbirth	Alive	COR	AOR	
Mode of delivery	Spontaneous vaginal delivery	54(84.4)	527(92.6)	1	1	
	Others	10(15.6)	42(7.4)	4.2(2.11,8.37)	2.37(1.12,4.99)*	0.03*
Place of	Home	16(25)	69(12.1)	1	1	
delivery	Health facility	48(75)	500(87.9)	10.42(7.75,14.01)	5.32(1.63,17.37)*	0.02*
MWH	Yes	5(7.8)	152(26.7)	7.07(5.38,9.28)	2.4(1.27,5.6)*	0.04*
Utilization	No	59 (92.2)	417(73.3)	1	1	

COR=Crude odds ratio; AOR=Adjusted odds ratio; CI=Confidence Interval

<sup>\*</sup>Statistically significant p<=0.01, 1-Reference

## **Chapter 6: Discussion**

In this study, a total of 633 mothers participated, and about 157 (24.8%) of mothers were utilized maternal waiting homes, this result is consistent with a study done in Arsi zone, Ethiopia (23.6%), Gamo Ethiopia (21.50%), and Zambia (23.8%) [18, 39, 40].On the other hand, the finding of this study is higher than a study conducted in Jimma zone that the utilization rate was only 7% 8.4%, likewise in Arba Minch, 8.4%, and Kenya 10% [29, 41,42]. The difference might be due tomost MWHs are inaccessible due to the mountainous nature of the setting and lack of faster transport options in Arba Minch, study period in a study conducted in Jimma zone, and study setting in the case of Kenya. However, the finding was lower than other studies conducted in Jimma, Ethiopia (38.7%) and in Tanzania (31.3%) [20, 43]. The difference could be attributed to difference in study setting; this study is community based whereas the previous was facility based in case of Tanzania, systemic review in the case of Ethiopia. The other reason for the difference may be difference in socio demographic, economic and cultural variability between the study settings.

The study identified significant predictors of MWH utilization as it is shown in the multiple logistic regression analysis, time taken to reach to the health facility, autonomous decision making, and knowledge about the MWH utilization was found to be significant predictors which positively associated with MWH utilization.

Mothers who travel a distance greater than 60 minutes were more likely to utilize MWH than those who travel less than 60 minutes. This study agree with a study done in Arsi Ethiopia which reported traveling time less than and equals to 60 minutes from a nearby health facility were less likely to utilize MWH than those who travel more than 60 minutes [40]. Similarly, this study is consistent with a study conducted in Zambia on personal and environmental factors associated with the utilization of maternity waiting homes [44]. This showed that distance remain the leading potential barrier for accessibility of health services, which in turn leads to the more utilization of MWHs.

This study revealed that mothers who had decision-making autonomy during routine service, obstetric emergency and MWH utilization were more likely to utilize the MWH as compared to women who had not the autonomy. This study is consistent with a study done in Oromia and

Southern region, Ethiopiathat women who made decisions jointly with their husbands had higher odds of staying in MWHs compared to those women whose husbands alone took the decisions was more likely to utilize the MWH as compared to a woman who were not autonomous [40,42].

Women who were knowledgeable about MWH were more likely to utilize MWH than mothers who were not knowledgeable. This is consistent with study done in Northwest Ethiopia shows that pregnant woman who had good knowledge had higher odds of MWH utilization [45].

In multiple logistic regressions, factors that predict the pregnancy outcomes were MWH utilization, husband education, mode of delivery, and place of delivery.

In this study, MWH utilizers are more likely to have favourable birth outcomes than those who didn't utilize MWH. This study is indifferent from a systematic review and meta-analysis study done in six African countries to assess the effects of MWHs on stillbirth and it reported that the occurrences of stillbirth among non-users are more likely as compared to users [35]. Similarly, a study done in Atat hospital claimed that the there is a less likely risk of perinatal mortality among users than nonusers of MWHs [43]. In addition, another study showed that the number of stillbirths was significantly lower among MWH users than among non-MWH users [46]. Furthermore, this study isin line with a study done in Gurage zone whereMWH users were less likely (p < 0.05) to have a stillbirth than compared to MWH non-users [47].

Giving birth by caesarean section and instrumental delivery (vacuum extraction or forceps delivery) was more likely to give favourable birth outcome than those who deliver by spontaneous vaginal delivery. This study is consistent with a cross sectional study done in Ethiopia, wherespontaneous vaginal delivery was associated with adverse birth outcome [48]. The current study is different from a study done in Uganda that showed that there was no statistical difference in perinatal mortality by the mode of delivery (vaginal vs. instrumental) [49] and similarly, there were no increased odds of death among the vaginally delivered group compared with the caesarean group[50].

Women who delivered at the health facility were more likely to have favourable birth outcome than those who delivered at home. This is similar with a study done in sub-Sahara Africa revealed that perinatal mortality is higher for home compared to facility-based deliveries [51].

This is different from a study conducted in Kenya showed that Infants delivered in a facility had a higher risk of perinatal mortality than infants delivered at home (p = 0.005)[52].

## Strength and Limitation of the study

## Strength

- High response rate was obtained
- Because the study included mothers who gave birth in the last 12 months, there was no problem concerning recall bias during data collection

## Limitation

• The study included only 30% of the total kebelesdue to financial limitation so some important findings might be missed because of facility based service provision difference.

## **Chapter 7: Conclusion and Recommendation**

**Conclusion:-**In this study, the utilization of MWH was low 24.8% and majority of the respondents mentioned lack of awareness about the existence of MWHs, not transferred or referred to the MWHs, and lack of family support were the major reason for the low utilization.MWH utilizers had more favourable pregnancy outcome than those non-utilizers. Moreover, mode of delivery and place of delivery were independent predictors of pregnancy outcome.

#### Recommendation

#### Jimma zone health office

- Should focus on promotion of MWH services.
- Has to provide information about the services given at MWH for rural mothers especially living far from health facilities using different media outlets.
- Has to promote institutional delivery and equip the health facilities with more advanced equipment so as to improve pregnancy outcome and MWH utilization

#### District health offices

- Should givedue emphasis on advocacy of maternity waiting home and its utilization.
- Should provide tailored information to women about maternity waiting homes utilization through health service providers in any time good opportunity happened

### Health care providers

- Have to create awareness about the importance of the use MWH through counseling during service utilization and community mobilization
- Have to promote institutional delivery through health education during women forums, community gatherings, and anytime when opportunity happened
- Health extension workers should provide health education about the benefits of MWH

#### For researchers

- Further studies should be done to assess the factors associated with the utilization of MWH and pregnancy outcome in Jimma zone as well as across the country
- To conduct further studies using qualitative design to explore other predictors.

### Transport and road authority

Making of road access andavail transportation services to avoid delay related to distance

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# Annex I

## Part I:PARTICIPANT INFORMATION SHEET FOR CONSENT

Hello, My name is	This is a request for you to participate in a study					
that intends to assess Maternal waiting home utilizationand pregnancy outcome in Jimma zone.						
This data that will be generated to	provide health care program managers in making strategic					
decisions regarding the utilization	of maternal waiting homes in the improvement of birth					
outcome. I will ask you questions re	elated with maternal waiting home utilization and pregnancy					
outcome. The interview may last abo	ut an hour.					
There is no harm/disadvantage if yo	u participate in this study except that it takes some of your					
time and there is no payment. All the	he data will be processed without name, but we will use a					
code number and a working positi	ion that links you to your data. Only authorized project					
personnel will have access to the data	a. The data will be stored by the confidentially. It will not be					
possible to identify you when the res	ults are published.					
Participation in this study is voluntar	ry. You can choose not to answer any individual question or					
totally refuse to participate in the stud	dy. This will not have any consequences on you. However, I					
hope that you will participate fully in	this survey since your views are very important.					
Are you willing to continue with the	interview? Yes No					
Thank you for your participation!						

# Part II. English Questionnaire

Maternal waiting home: utilization and pregnancy outcomes among women who gave birth in Jimma zone, Oromia Regional State, South-West Ethiopia.

Part I	Part I. Identification				
S.no	Questions	Responses	Skip		
101	District				
102	Kebele				
103	Name of HC which has MWH				
	(Nearby)				
Part I	I. Socio demographic and socio econ	omic variables			
201	Age in years	in completed years			
202	Religion	1. Muslim			
		2. Orthodox			
		3. Protestant			
		4. Others specify			
203	Ethnicity	1. Oromo			
		2. Dawro			
		3. Gurage			
		4. Amhara			
		5. Others specify			
204	Educational status of the mother	1. Can't read and write			
		2. Read and write			
		3. Primary school			
		4. Secondary school			
		5. Tertiary and above			
205	Occupation of the mother	1. Housewife			
		2. Farmer			
		3. Merchant			

		4. Government employee	
		5. Others specify	
206	Marital status	1. Single	If single, skip
		2. Married	to Q 209
		3. Divorced	
		4. Widowed	
		5. Others specify	
207	Occupation of the husband	1. Farmer	
		2. Merchant	
		3. Government employee	
		4. Others specify	
208	Educational status of the husband	1. Can't read and write	
		2. Read and write	
		3. Primary school	
		4. Secondary school	
		5. Tertiary and above	
209	Who is the Head of the household?	1. Wife	
		2. Husband	
		3. Other relatives	
		4. Other specify	
210	Family size	?	
211	Monthly income in Birr	?	
212	Residence	1. Rural	
		2. Semi-rural	
		3. Urban	

Part I	Part III. Knowledge			
301	Do you know what MWH is?	1. Yes	If no, skip to Q	
		2. No	401	
302	From where do you get the	1. Friends, neighbor and/or families		

	information?	2.	HEWs	
		3.	Health professionals	
		4.	Media	
303	Do you know the services that are	1.	Yes	If no, skip to Q
	given at MWH facility?	2.	No	305
304	If yes to question number 303, what	1.	A waiting place before delivery	
	are the services?	2.	To get close follow up of high risk	
			pregnancy	
		3.	Provide a food supplement while	
			awaiting labor	
		4.	Other specify	
		(N	Iultiple answer possible)	
305	Do you know the benefits of	1.	Yes	If no, skip to Q
	MWH?	2.	No	307
306	If yes to question number 305, what	1.	Waiting place if the pregnancy is	
	are they?		associated with risk	
		2.	Waiting place if home is very distant	
			to the MWH facility	
		3.	Waiting place where I can get safe	
			and quality delivery	
		4.	Waiting place where pregnancy	
			related complications are treated	
			early	
		(N	Aultiple answer possible)	
307	Do you know the reason for	1.	Yes	If no, skip to Q
	admission at MWA facility?	2.	No	401
308	If yes, what are they?	1.	High risk pregnancy	
		2.	If there is a complication	
		3.	Home is distant to the health facility	
		4.	Other specify	

		(Multiple answer possible	
Part l	V. Maternal Waiting Home Utilizati	on	
401	Where did you give the last birth of	1. Home	If home,
	your pregnancy?	2. Health post	skip to Q
		3. Health center	402, 404, &
		4. Hospital	501
		5.Other specify	If HP, HC,
			Hospital
			skip to 403
402	If the answer for Q 401 is option 1,	1. Because it is safe	
	(Non-institution); What was your	2. Lack of transport	
	reason for giving birth at home?	3. Due to distance of health facility	
		4. Other specify	
403	If the answer for Q 401 is option 2,	1. Because it is safe	
	3 or 4 (Institution); What was your	2. Due to high risk pregnancy	
	reason for giving birth at Health	3. Health professionals counselling	
	institution?	4. Other specify	
404	Have you used MWH in your last	1. Yes	If yes, skip
	pregnancy?	2. No	to 406
			If no skip to
			405 & 501
405	What was you reason for not	1. Lack of awareness about existence of	
	utilizing MWHs?	MWHs	
		2. Lack of transport to health facility	
		3. Lack of money to utilize during stay/Cost	
		4. Lack of support from husband & family	
		5. Non friendly MWHs	
		6. Not referred/transferred to MWH	
		7. Other specify	
406	What was the facilitator for the	1. Perceived quality of care	
	utilization of MWH?	2. Awareness of high risk status	

MWH of your last pregnancy?  2. No  410 If yes to question number 409, how is the cost of the service?  411 Did you get food from the HF while you staying at MWH?  412 Did health care providers allow you to make traditional ceremony in the MWHs?  413 Did the health care providers 1. Yes allowed you to take your relatives with you?  414 Did the health care providers 1. Yes monitor you regularly at MWH?  415 Have you stayed at the MWH 1. Yes If	
407 Who were refereed you to the MWH service?  408 What was the reason for your 1. Distance referral?  409 Did you paid for the services at the MWH of your last pregnancy?  410 If yes to question number 409, how is the cost of the service?  411 Did you get food from the HF while you staying at MWH?  412 Did health care providers allow you to make traditional ceremony in the MWHs?  413 Did the health care providers allowed you regularly at MWH?  415 Have you stayed at the MWH 1. Yes  1 Self 2. Health post 3. Health post 4. Hospital 4.	
Who were refereed you to the MWH service?  Who were refereed you to the MWH service?  What was the reason for your referral?  What was the reason for your referral?  Did you paid for the services at the MWH of your last pregnancy?  Who were refereed you to the services at the MWH of your last pregnancy?  If yes to question number 409, how is the cost of the service?  No to Affordable  No MWH of you get food from the HF while you staying at MWH?  Did health care providers allow you to make traditional ceremony in the MWHs?  If yes  No MWHs?  Who were refereed you to the last post and the allowed you to take your relatives with you?  If yes  No MWHs?  Who were refereed you to the last post and the your to the post and the your relatives with you?  If yes  No MWHs?	
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4. Hospital  4. Presence of complication  5. Other specify  4. No  410 If yes to question number 409, how is the cost of the service?  4. Not Affordable  4. Hospital  4. Hospital  4. Presence of complication  5. Other specify  4. No Affordable  4. Hospital  4. Hospital  4. Presence of complication  5. Other specify  4. No Affordable  4. Hospital  4. Yes  4. Hospital  4. Presence of complication  5. Other specify  4. No Affordable  4. Hospital  4. Yes  4. No Affordable  4. Yes  2. No  4. Yes  4. No  4. Hospital  4. Hospital  4. Presence of complication  4. Presence of complication  5. Other specify  4. Presence of complication  5. Other specify  4. Presence of complication  5. Other specify  4. Presence of complication  4. Presence of complication  4. Presence of complication  5. Other specify  6. No Affordable  1. Yes  4. No Affordable  1. Yes  4. No Affordable  1. Yes  4. No A	
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is the cost of the service?  2. Not Affordable  1. Yes you staying at MWH?  2. No  1. Yes 2. No  412 Did health care providers allow you to make traditional ceremony in the MWHs?  2. No  413 Did the health care providers allowed you to take your relatives allowed you to take your relatives with you?  414 Did the health care providers 1. Yes monitor you regularly at MWH?  2. No  415 Have you stayed at the MWH 1. Yes  If	,0 111
411 Did you get food from the HF while you staying at MWH?  412 Did health care providers allow you to make traditional ceremony in the MWHs?  413 Did the health care providers allowed you to take your relatives allowed you to take your relatives 2. No with you?  414 Did the health care providers 1. Yes monitor you regularly at MWH?  415 Have you stayed at the MWH 1. Yes If	
you staying at MWH?  2. No  Did health care providers allow you to make traditional ceremony in the MWHs?  Did the health care providers allowed you to take your relatives with you?  1. Yes allowed you to take your relatives 2. No with you?  1. Yes allowed you regularly at MWH?  2. No  1. Yes allowed you to take your relatives 2. No  With you?  1. Yes allowed you stayed at the MWH 1. Yes If	
412 Did health care providers allow you to make traditional ceremony in the MWHs?  413 Did the health care providers allowed you to take your relatives allowed you?  414 Did the health care providers 1. Yes with you?  415 Have you stayed at the MWH 1. Yes If	
to make traditional ceremony in the MWHs?  413 Did the health care providers 1. Yes allowed you to take your relatives 2. No with you?  414 Did the health care providers 1. Yes monitor you regularly at MWH? 2. No  415 Have you stayed at the MWH 1. Yes If	
MWHs?  413 Did the health care providers 1. Yes allowed you to take your relatives 2. No with you?  414 Did the health care providers 1. Yes monitor you regularly at MWH? 2. No  415 Have you stayed at the MWH 1. Yes If	
413 Did the health care providers 1. Yes allowed you to take your relatives 2. No with you?  414 Did the health care providers 1. Yes monitor you regularly at MWH? 2. No  415 Have you stayed at the MWH 1. Yes If	
allowed you to take your relatives 2. No with you?  414 Did the health care providers 1. Yes monitor you regularly at MWH? 2. No  415 Have you stayed at the MWH 1. Yes If	
with you?  414 Did the health care providers 1. Yes monitor you regularly at MWH? 2. No  415 Have you stayed at the MWH 1. Yes	
414 Did the health care providers 1. Yes monitor you regularly at MWH? 2. No  415 Have you stayed at the MWH 1. Yes	
monitor you regularly at MWH? 2. No  415 Have you stayed at the MWH 1. Yes	
415 Have you stayed at the MWH 1. Yes If	
, , , , , , , , , , , , , , , , , , ,	If no, skip
facility before delivery?  2. No	to Q 418

416	How long do you stay at the MWH	1. ≤ 14 days	
	before delivery?	$2. \geq 15 \text{ days}$	
417	What was the reason to stay at	1. Sepsis	
	MWH before delivery?	2. Gestational hypertension	
		3. Previous Cesarean section	
		4. Gestational diabetes	
		5. Other	
418	Have you stayed at the MWH	1. Yes	If no, skip
	facility after delivery?	2. No	to Q 420
419	How long do you stay at the MWH	1. ≤ 14 days	
	after delivery?	2. ≥ 15 days	
420	What was the reason to stay at	1. PPH	
	MWH after delivery?	2. Sepsis	
		3. Postpartum depression	
		4. Other specify	
421	How do you rate the service given	1. Very good	
	at MWH facility?	2. Good	
		3. Fair	
		4. Bad	
422	If bad to question number 417,	?	
	what was the reason?		

Part V	/. Accessibility		
501.	How long it take to reach to the	Minutes	
	heath facility from home?		
502.	Which mode of transport do you	1. On foot	
	use to go to the nearest health	2. Non engine vehicle	
	facility?	3. Ambulance	
		4. Public transportation	
		5. Other specify	

503	If the answer for Q 502 is option 2,	1. Sometimes
	3, 4, &5; how frequent is the	2. Everyday
	transportation available?	
504.	If the answer for Q 502 is option 2,	1. Affordable
	3, 4, &5; How is the cost of	2. Not Affordable
	transportation?	3. No payment/free of charge
505.	Status of roads to nearest health	1. Inconvenient
	facility?	2. Convenient

Part '	VI Obstetrics history		
601	How many pregnancies do you have?	1. 1	
		2. 2	
		3. 3	
		4. ≤4	
602	How many children's do you have?	1. 1	
		2. 2	
		3. ≥3	
603	Do you have history of still birth (above 28	1. Yes	
	week) in your past pregnancy?	2. No	
604	Do you have history of abortion (below28 week)	1. Yes	
	in your past pregnancy?	2. No	
605	Do you have history of ANC follow up?	1. Yes	If no, skip
		2. No	to Q 607
606	If yes to Q 605, What was the number ANC visit	in number	
	of your last pregnancy?		
607	Was there a complication during your past	1. Yes	If no, skip
	pregnancy?	2. No	to Q 609
608	If yes to Q 607, what was the complication?	1. Hypertension	
		2. Antepartum hemorrhage	

		3. Postpartum hemorrhage
		4. Sepsis
		5. Fetal mal presentation
		6. Pre mature rupture membrane
		7. Pre term delivery
		8. Other specify
		(Multiple answer possible)
611	What was the mode of delivery of your recent	Spontaneous vaginal delivery
	pregnancy?	2. Cesarean section
		3. Instrumental delivery
		(Vacuum or forceps)
612	What was the outcome of your pregnancy?	1. Stillbirth
		2. Alive
613.	Was there any chronic illness during your last	1. Yes
	pregnancy?	2. No
614.	If your response for Q 613 is yes, which chronic	1. Diabetes Miletus
	illness?	2. HIV/AIDS
		3. Hypertension
		4. Cardiac
		5. Severe Anemia
		6. Hepatitis B
		7. Other specify

Part V	/II Social support		
701.	Have you get visits from your friends, neighbors, and relatives during your	1. Yes	
	stay at MWHs?	2. No	
702.	Did you get someone you trust (husband, family members, friends,	1. Yes	
	neighbors, or others) to talk to or share your concerns on MWH service utilization?	2. No	
703.	Did you get people who care or loved you during your pregnancy, delivery	1. Yes	

	and MWH utilization?	2.	No	
704.	Did you get any help with your household chores while you stayed at MWH	1.	Yes	
	facility?	2.	No	
705.	Did you get any help with money from your relatives/family members in an		Yes	
	obstetrics emergency during your last delivery?		No	
706.	Does anyone help you when you need transportation during your last		Yes	
	delivery?	2.	No	

Part V	VIII Decision making autonomy		
801	Who made a decision to go for health	1. Alone	
	care use for your health concerns (ANC,	2. Joint [Both]	
	DC, or PNC)?	3. Respondent and someone else	
		4. Husband/partner alone	
		5. Someone else	
		6. Other	
802	Who decided to go to health facility	1. Alone	
	during obstetric emergency?	2. Joint [Both]	
		3. Respondent and someone else	
		4. Husband/partner alone	
		5. Someone else	
		6. Other	
803	Who made a decision to utilize MWH	1. Alone	Only
	service?	2. Joint [Both]	if
		3. Respondent and someone else	yes
		4. Husband/partner alone	to Q
		5. Someone else	404
		6. Other	

	Part IX Attitude of mothers towards MWH utilization			
1	MWHS utilization is important for all pregnant women	1= Agree	2=Neutral	3= Disagree

2	MWHS is a safe place for mothers to wait and give birth	
3	MWHs should be utilized by all pregnant women	
4	MWHs was meant for pregnant mothers with a problem	
5	MWHS is recommendable for our belongings/relatives	
6	Health professionals at MWHS areas are client friendly	
7	Health professionals at MWH areas treat us with respect	
8	Health professionals at MWH areas maintain clients privacy and confidentiality	

# Part III. Miiltoolee

Kutaa I: UNKA ODEEFFANNOO HIRMAATTONNI ITTI WAADAA SEENAN
Hayyee, MaqaankooBarreeffamni kun godina Jimmaatti qorannoo
waa'ee mana turtii haadholii fi bu'aa ulfaa qorachuuf kaayyeffate keessatti akka hirmaattaniif
kan dhiyaate dha.yommuu. Odeeffannoon asirraa argamu hoji-gaggeessitootni fayyaa murtii
yeroo tarsiimawaa dhimmoota itti fayyadama mana turtii haadholii walqabatan irratti
kenuudhaan bu'aa dahumsaan fooyyessuudhaaf oola. Gaaffilee itti fayyadama mana turtii
haadholiin walqabtan fi bu'aa dahumsaa si gaafachuufan deema. Afgaaffiin kun sa'atiii tokko
fudhachuu danda'a.
Hirmaachuu keetiif bu'aan argattus tahe miidhaan sirra gahu hin jiru; yerookee hamma tahe
aarsaa gochuu malee. Odeeffannooleen kan adeemsifaman maqaa utuun dhahinii dha, garuu
bakka bu'ee fayyadmuu malla akkasumas bakka hojii nin fayyadamna kan siif odeeffannookee
wal simsiisu. Namoota eeyyamameef qofatu odeeffannoo san bira gahuu danda'a. Odeeffannoon
iccitiidhaan qabama; yommuu bu'aan qorannoo maxxanfamu adda isin baasuun hin danda'amu.
Hirmaannaan qorannichaa fedharratti kan hundaa'eedha. Gaaffii barbaadde deebisuu dhiisuuf
mirgikee eegamaadha; qorannoo irratti hirmaachuu dhiisuunis mirga keeti.Kun sirratti dhiibba
fidu hin qabu Haatahu malee, akka ati qorannoo kana irratti himaattu abdiin qaba sababni isaa
yaadnikee baayyee nu barbaachisa waan taheef.
Afgaaffii irratti hirmaachuuf ni eeyyamtaa? Eeyyee Lakkii
Hirmaannaa keetiif galatoomi!

Part IV: Afaan Oromo Questionnarie

Kutaa	Kutaa 1. Addaan baastuu			
T/L	Gaaffilee	Deebiiwwan	Irra-tari	
101	Aaanaa			
102	Ganda			
103	Maqaa Buufata Fayyaa mana turtii			
	haadholii qabanii (Dhiheenyatti)			
Kutaa	a II: Jijjiiramoota hawaasummaa fi	hawaasdinagdee		
201	Umurii waggaadhaan	WaggaaFixeera		
202	Amantaa	1. Musiliima		
		2. Ortodoxoksii		
		3. Pirootestaantii		
		4. Kan biro(Caqasi)		
203	Gosa/qomoo	1. Oromoo		
		2. Daawuroo		
		3. Guraagee		
		4. Amaara		
		5. Kan biro(Caqasi)		
204	Haala Gaa'ilaa	1. Qeerroo/Qarree	Yoo	
		2. Kan fuudhe/heerumte	qeerroo/qarree	
		3. Kan hike/hiikte	taate gara	
		4. Kan irraa du'e/duute	gaaffii 106,	
		5. Kan biro (caqasi)	108, 110 tyti	
			tari	
205	Sadarkaa barnoota Haadhaa	54. Dubbisuu fi barreessuu kan hin		
		dandeenye		
		55. Dubbisuu fi barreessuu kan dandeessu		
		3. Sadarkaa 2ffaa		
		4. Sadarkaa 3ffaa fi sanii ol		
206	Sadarkaa barnoota Abbaa	1. Dubbisuu fi barreessuu kan hin		

		dandeenye
		2. Dubbisuu fi barreessuu kan dandeessu
		3. Sadarkaa Tokkoffaa
		4. Sadarkaa 2ffaa
		5. Sadarkaa 3ffaa fi sanii ol
207	Hojin Haadhaa	1. Haadha warraa
		2. Qotee bulaa
		3. Daldalaa
		4. Hojjettuu mootummaa
		5. Kan biroo
208	Hojin Abbaa	1. Qotee bulaa
		2. Daldalaa
		3. Hojjetaa mootumaa
		4. Kan biroo
209	Baayyina maatii	?
210	Mataan manaa eenyu?	1. Haadha warraa
		2. Abbaa Warraa
		3. Firoota biroo
		4. Kan biro(Caqasi)
211	Galii ji'aa qarshiidhaan	?
212	Bakka	1. Baadiyyaa
		2. Hammi tahe baadiyyaa
		3. Magaalaa

Kutaa	III. Beekumsa			
301	Manni turtii haadholii maal akka	1. Eeyyee	Yoo	Lakkii
	tahe beektaa?	2. Lakkii	tahe,	gara
			gaaffii	302 -
			310'tti	tari
302	Odeeffannoo eessaa argatta?	1. Hiriyyoota, Olloota and/ maatiiwwan		
		2. Hojjettuu eksiteenshinii Fayyaa		

		3. Ogeessota Fayyaa		
		4. Miidiyaa irraa		
		5. Kan biro (Caqasi)		
303	Tajaajilawwan mana turtii haadholii	1. Eeyyee	Yoo	lakkii
	keessatti kennaman beektaa?	2. Lakkii	tahe ,	gara
			gaaffii	305'tti
			tari	
304	Yoo gaafii 303 eeyyee	Bakka turtii dahumsaan duraa		
	tahetajaajilawwan sun maal fa'i?	2. Dahumsaa saaxilamoo ta'aniif hordoffii		
		itti djiheenyaan gochuuf		
		3. Nyaata dabalaa yeroo ciniinsuu		
		kennuudhaaf		
		4. Kan biro (Caqasi)		
305	Faayidaa mana turtii haadholii	1. Eeyyee	Ypp	lakkii
	beektaa?	2. Lakkii	tahe	gara
			gaaffii,	307
			tari	
306	Deebiin gaaffii 305 yoo eeyyee tahe	Bakka turtii yoo ulfi saaxilamaa tahe		
	faayidaaleen isaa maal fa'i?	2. Bakka turtii yoo maaani isaanii mana		
		turtii haadholii irraa baayyee fagoo tahe		
		3. Bakka turtii itti dahumsaa fayyaalessa fi		
		guutuu tahe itti argatanii dha.		
		4. Bakka turtii ulfi wal xaxaan itti		
		yaalamuu dha. (deebiin lamaa ol		
		eeyyamamaadha)		
307	Sababii gara mana turtii haadholii	1. Eeyyee	Yoo	lakkii
	geeffamaniif beektaa?	2. Lakkii	tahe,	gara
			gaaffii	309tti
			darbi	
308	Yoo eeyee tahe, maal fa'i isaan?	Ulfa baayyee saaxilamaa		
		2. Yoo rakkoo walxaxaan jiraate		

	3. Manni yoo mana yaalaa irraa fagoo
	tahe
	4. Kan biro(caqasi)

Kuta	Kutaa IV. Hojiiwwan mana turtii haadholii			
401	Dahumsakee isa dhumaa eessatti	1. Manatti	Yoo mana	
	deesse?	2. Kellaa Fayyaatti	tahe, gara	
		3. Buufata Fayyaa	gaaffii 403 -	
		4. Hoospitaala	423	
		5.Kan biro (caqasi)	yookaan	
			Yoo KF, BF,	
			Hospitala ta'e	
			gara gaaffii	
			403tti tari	
402	Yoo deebiin gaaffiin 401 '1' ta'e,	1. Fayyaalessa waan taheef		
	(Dhaabbilee fayyaan alatti);	2. Hanqina geejjibaa		
	sababiin ati mana deesseef maali?	3. Fgeenya dhaabbilee Fayyaa		
		4. Kan biro (caqasi)		
403	Yoo deebiin gaaffii 401 2, 3 ykn 4	1. Fayyaalessa waan taheef		
	tahe (Dhaabbata fayyaatti);	2. Ulfa baayyee saaxilamaa waan taheef		
	sababootni ati mana yaalaatti dahuu	3. Gorsa ogeesota fayyaa		
	filatteef maaliif?	4. Kan biro (adda baasi)		
404	Ulfakee isa yeroo darbee irratti	1. Eeyyee	Yoo deebiin	
	mana turtii haadholii	2. Lakkii	gaaffii 404	
	fayyadamteettaa?		lakkii tahe ,	
			gara gaaffii	
			406- 423tti tari	
405	Sababootni ati mana turtii haadholii	1. Waa'ee mana turtii haadholii		
	hin fayyadamneef maal fa'i?	hubannoo dhabuu		
		2. Yeroo turtiitti Hanqina maallaqa itti		
		fayyadamanii		

		3. Hanqina deeggersa abbaa manaa fi		
		maatii		
		4. Mana turtiii haadholii namatti hin		
		tolle		
		5. Kan biro(adda		
		baasi)		
406	Mana turtii haadholii fayyadamuuf	1. Tajaajilli qulqullina qabaachuu		
	haalotni mijeessan maal fa'i?	2. Ulaagaa saaxilamummaa beekuu		
		3. Haati of dandeessee murtii kennuu		
		4. Gorsa hojjettoota kellaa fayyaa yeroo		
		hordofii dahumsa duraa		
		5. Kanbiroo (Caqasi)		
407	Tajaajila mana turtii haadholiitiif	1. Anuma		
	eenyutu ol si erge?	2. Kellaa Fayyaa		
		3. Buufata Fayyaa		
		4. Hospitaala		
408	Sababiin ati ol-ergamteef maal	1. Fageenya		
	ture?	2. Argama Ji'oogiraafii		
		3. Hanqina geejjibaa		
		4. Jiraachuu rakkoo walxaxaa		
		5. Kan biro (Caqasi)		
409	Tajiijila ulfaakee isa dhumaa	1. Eeyyee	Yoo	lakkii
	argatteef qarshii kaffaltee?	2. Lakkii	tahe,	gara
			gaaffi	411'tti
			tari	
410	Yoo deebiin gaaffii 409 eeyyee	1. Qaalii		
	tahe, gatiin tajaajilichaa	2. Qaalii kan hin tahin		
	qarshiidhaan meeqa?			
411	Yeroo turtiikee mana turtii	1. Eeyyee		
	haadholii keessatti nyaata argatteettaa?	2. Lakkii		

412	Mana turtii haadholii keessatti	1. Eeyyee		
	qophii aadaa akka gootuuf	2. Lakkii		
	ogeessonni siif eeyyamaniiruu?			
413	Ogeessotni fayyaa akka firootnikee	1. Eeyyee		
	dhufaniif siif eeyyamanii jiruu?	2. Lakkii		
414	Ogeessotni fayyaa haalaan hordoffii	1. Eeyyee		
	siif godhaniiruu mana turtii	2. Lakkii		
	haadholii keessatti?	2. 2000		
415	Dahumsaan booda mana turtii	1. Eeyyee	Lakkii	yoo
113	haadholii keessa turfamteettaa?	2. Lakkii	tahe,	gara
	naddioin keessa tarrameettaa:	Z. Lukkii	gaaffii	417'tti
			tari	71 / tt1
416	Dahumsaan booda mana turtii	1. Guyya ≤ 14	tarr	
410	Dahumsaan booda mana turtii haadholii keessa hammamiif turte?			
417		2. Guyya≥ 15		
417	Sababiin dahumsaan dura mana	1. Infekshinii Dhiigaa		
	turtii haadholii turtfamteef maal	2. Dhukkuba Onnee		
	ture?	3. Dahumsa gara baqaqfachuun kan durii		
		4. Dhukkuba shukkaaraa yeroo ulfaa		
		5. Kan biroo		
418	Sababiin dahumsaan booda mana	1. Dhangalahuu dhiigaa dahumsa booda		
	turtii haadholii turtfamteef maal	2. Infekshinii Dhiigaa		
	ture?	3. Dahumsaan booda muusa'uu		
		4. Kan biro (caqasi)		
419	Tajaajila siif kenname akkamiin	1. Baayyee gaarii		
	shallagda?	2. Gaarii		
		3. Gahaa		
		4. Gadhee		
420	Deebiin gaaffii 417, gadhee yoo	?		
	tahe sababiinkee maali?			
420		?		

# Kutaa V. Dhaqqabummaa

501.	Dhaabbatni fayyaa sitti dhihoo tahe	Distance inkm
	hammam sirraa fagaata?	
502.	Yeroo hangamii sitti fudhata manaa	1. Daqiiqaa 60 gadi
	kaate dhaabbata fayyaa gahuuf?	2. Daqiiqaa 60 oli
503.	Gosni geejjibaa ati fayyadamtu	1. Miilaan
	maali gara mana yaalaa deemuuf?	2. Fardaan/Gaangeedhaan
		3. Geejjiba Hawaasaa
		4. Kan biro(Caqasi)
504	Yoo deebiin gaaffii 403 filannoo 3	1. Takkatakka
	tahe, (Geejjiba gawaasaa);geejjibni	2. Yeroo mara
	sun yeroo meeqa jiraata?	
505.	Gatiin geejjibaa akkami?	1. Qaaliidha
		2. Qaalii miti
506.	Haalli daandii dhaabbata fayya	1. Mijataa miti
	geessuu akkam?	2. Mijataa dha

Kuta	Kutaa VI Seenaa ulfaafi dahumsaa		
601	Si'a meeqa ulfoofte?	1.1	
		2. 2	
		3.3	
		4. ≥ 4	
602	Ijoollee meeqa qabda?	1. Ijoollee waggaa shanii gadii	
		hin qabu	
		2. 1	
		3. 2	
		$4. \geq 3$	
603	Daa'ima lubbuun hin jirre deessee beektaa	lakkoofsaan	
	(turban 28-36)?		
604	Ulfi sirraa bahee beekaa (torban 28 gadi)?	lakkoofsaan	
605	Hordoffii Dahumsa duraa siif godhamee	1. Eeyyee	Yoo lakkii
	beektaa?	2. Lakkii	tahe,

			gaaffii
			607'tti tari
606	Yoo gaaffiin 605 eeyyee tahe ,baayyinni	Lakkoofsaan	
	hordoffii daumsa duraa kan ulfa isa dhumaa		
	meeqa ture?		
607	Ulfakee isa dhumaa irratti rakkoo walxaxaan	1. Eeyyee	Yoo lakkii
	tureeraa?	2. Lakkii	tahe gara
			609'tti tari
608	Yoo eeyyee tahe 607 irratti ,rakkoo walxaxaan	1. Dhukkuba onnee yeroo ulfaa	
	yeroo ulfaa maal ture?	2. Dhukkuba shukkaaraa yeroo	
		ulfaa	
		3. Infeekshinii dhiigaa	
		4. Dhangalahuu dhiigaa	
		dahumsa duraa	
		5. Kan biro (caqasi)	
609	Rakkoo walxaxaan dahumsakee yeroo dhiyoo	1. Eeyyee	Yoo Lakkii
	maal ture?	2. Lakkii	tahe, gara
			Q 611'tti
			tari
610	Yoo deebiin gaaffii 505 eeyyee tahe rakkoo	1. Ciniinsuu uggurame	
	walxaxaan sun maal ture?	2. Infeekshinii dhiigaa	
		3. Tarsa'uu qaama hormaataa	
		4. Kan biro(caqasi)	
		(Deebiin lamaa ol	
		eeyyamamaadha)	
611	Akkaataan dahumsakee yeroo dhihoo maal ture?	1. Nagaadhaan karaa qaama	
		hormaataa	
		2. Garaa baqaqsuudhaan	
		3. Meeshaa saayinsaawaa tahe	
		fayyadamuudhaan	

Bu'aan dahumsa keetii maal ture?	1. Du'aatu dhalate
	2. Utuu bakka hin gahin dhalate
	3. Kan lubbuu qabu
Sababiin ati dahumsa dura mana turtii haadholii	1. Dhukkuba Onnee
keessa akka turtu godhamteef maali?	2. Baqaqsanii hodhuu yeroo
	duraa
	3. Rakkoo walxaxaa obbaatii
	4. Dhukkuba shukkaaraa yeroo
	ulfaa
	5. Kan biro(caqasi)
	(Deebiin lamaa ol
	eeyyamamaadha)
Ulfa yeroo darbee keessatti rakkoon fayyaa	1. Eeyyee
meedikaalaa fi ulfaa tureeraa?	2. Lakkii
Yoo deebiin <b>Q 306 eeyyee tahe</b> rakkoo akkamii	1. Dhukkuba shukkaaraa
ture?	2. Dhukkuba Onnee yeroo ulfaa
	3. HIV/AIDS
	4. Dhiibbaa dhiigaa
	5. Rakkoo onnee
	6. Hanqina dhiigaa Hamaa
	7. Hepatitisii B
	8. Kan biro (Caqasi)
	Sababiin ati dahumsa dura mana turtii haadholii keessa akka turtu godhamteef maali?  Ulfa yeroo darbee keessatti rakkoon fayyaa meedikaalaa fi ulfaa tureeraa?  Yoo deebiin <b>Q 306 eeyyee tahe</b> rakkoo akkamii

Kutaa	Kutaa VII Deeggersa Hawaasaa			
701.	Hiriyyootni, ollootni,fi firootni kee gara mana turtii haadholii dhufanii si	1. Eeyyee		
	daawwatanii jiruu?	2. Lakkii		
702.	Tajaajila mana turtii haadholiin walqabatee namoota (Abbaa manaa,	1. Eeyyee		
	miseensota maatii, hiriyyoota, olloota, yookaan kan biroo) waliin yaada	2. Lakkii		
	garaakee dubbattu argatteettaa?			
703.	Yeroo ulfaa, dahumsaa fi itti fayyadama mana turtii haadholii nama si	1. Eeyyee		
	kunuunsu yookaan jaallatu argatteettaa?	2. Lakkii		

704.	Hojii mana keessaatiif gargaarsa maatiikee argatteettaa yeroo turtiikee	1. Eeyyee
	mana turtiii haadholii dabarsite keessatti?	2. Lakkii
705.	Horii firoonni ykn maatiin siif arjoomaniin gargaaramteettaa yeroo kutaa	1.Eeyyee 2.
	dahumsaa turtetti dahumsakee xumuraa irratti?	Lakkii
706.	Yeroo tajaajila geejjibaa barbaaddutti namni si gaargaare jiraa	1. Eeyyee
	dahumsakeee xumuraa irrattti?	2. Lakkii

Kutaa	a VIII Of danda'uudhaan murtii kennuu	
801	Tajaajila fayyaa (ANC,DC,PNC)	1. Kophaa
	argachuuf mana yaalaa deemuu akka	2. Walumaan
	qabdu eenyutu murteesse?	3. Gaafatamaa fi nama biro
		4. Abbaa manaa/hiriyaa qofa
		6. Nama biroo
		7. Kan biraa
802	Eenyutu mana yaalaa akka deemtu	1. Kophaa
	murteesse yeroo dahumsa battalaa?	2. Walumaan
		3. Gaafatamaa fi nama biroo
		4. Abbaa manaa/hiriyaa qofa
		5. Nama biroo
		6. Kan biraa
803	Mana turtii haadholii akka fayyadamtu	7. Kophaa
	eenyutu murtii kenne?	8. Walumaan
		9. Gaafatamaa fi nama biroo
		10. Abbaa manaa/hiriyaa qofa
		11. Nama biroo
		12. Kan biraa Alone

Part IX Attitude of mothers towards MWH utilization				
	1=	2=Garhingorree	3=	
MTH fayyadamuun dubartoota ulfaa hundumaaf	Waliifangala		Waliifhingalu	
barbaachisaadha				
MTH duhumsa dubartii ulfaaf bakka mijataadha				
Dubartootni ulfi martinu MTH fayyadamuu qabdi				
MTH dubartii ulfa rakkoo fayyaa qabdu qofaaf				
barbaachisa				
MTH firoota ykn aantee keenyaaf eeyyamamaadha				
Ogeessoni fayyaa MTH amala gaarii qabu				
ogessonni fayyaa MTH keessa hojjetan kabaja namaaf				
laatu				
ogessonni fayyaa MTH keessa hojjetan iccitii namaa				
ni eegu				

**DECLARATION** The undersigned agrees to accept responsibility for the scientific ethical and technical conduct of the research project and for provision of required progress reports as per terms and conditions of the Faculty of Public Health in effect at the time of grant is forwarded as the result of this application. Name of the student: Temesgen Abreha Gebresilase Date.\_\_\_\_ Signature \_\_\_\_\_ APPROVAL OF THE FIRST ADVISOR Name of the first advisor: Mr. Lemesa Dube (MPH/Epidemiology) Date.\_\_\_\_\_ Signature \_\_\_\_\_ APPROVAL OF THE SECOND ADVISOR Name of the second advisor:Mr. Zerihun Kura (Msc/Biostatistics) Signature \_\_\_\_\_