MATERNAL AND PERINATAL OUTCOMES OF CESAREAN DELIVERY DURING FIRST-STAGE AND SECOND STAGE OF LABOR AT JIMMA MEDICAL CENTRE, JIMMA, SOUTHWEST ETHIOPIA.



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ABSTRACT

BACKGROUND Cesarean delivery can be done in first stage of labor or second stage of labor. About 25% of primary cesarean deliveries are reported to be done in the second stage of labor. Maternal and perinatal outcome following cesarean delivery can be affected by different factors. Different studies have shown that both maternal and perinatal morbidity is higher when cesarean delivery is done in second stage of labor.

OBJECTIVE: To compare maternal and neonatal outcomes when Cesarean Delivery is performed in second stage of labor with Cesarean Delivery done in first stage of labor.

METHODS: A prospective cross-sectional comparative study was conducted from December 2020 to August 2021 in Jimma Medical Center, Obstetrics and Gynecology department on women who underwent first stage and second stage Cesarean Delivery. Total of 339 cases, 85-second stage and 254 first stage cesarean section cases were included in the study.

RESULTS

During the study period, there were 3,879 deliveries at JMC, and there were 1400 C/D making the hospital delivery rate 36.1%. Women in the second stage group had longer duration of surgery (44.89 min Vs 52.88 min) and operation took more than 50 minutes for 37(43.5%) of the second stage and 63(24.8%) of first stage group (p – 0.01, 95% CI 2.34(1.4-3.9). The mean blood loss was greater in the second stage group (618.82ml Vs473.82ml). The risk of blood loss more than 1000ml was higher in the second stage group (11.6% Vs 1.6%), p - 0.001, 95% CI 7.5(2.4-23.2). Women operated in second stage of labor had longer hospital stay (5.31 days Vs 3.70 days) than the first stage group: 33 mothers (38.8%) of the second stage and 33(13.0%) of the first stage group stayed more than four days in the hospital (p <0.001, 3.7 (2.2-6.3)). Ten women of the second stage group (11.8%) required blood transfusion while only two of the first stage C/D group (0.7%) were transfused (p- 0.03, 95% CI 14.9(3.3-66.8). Puerperal Sepsis was more common in the second stage group ([8(3.15%) Vs 12(14.12&]) when compared with first stage group. NICU admission rate was higher for C/D in second stage of labor compared to the first stage C/D. Thirteen neonates (15.3%) of the second stage group and Eight (3.1%) of the first stage group had Fifth minute APGAR score <7 (p-0.003, 95% CI 4.9(2.1-11.3). Eight (16.33%) of neonates delivered to the second stage group and Eight (3.15%) of the first stage group ended up in ENND.

CONCLUSION & RECOMMENDATION: The result of this study suggests that women undergoing cesarean section in the second stage of labor had increased maternal morbidities like blood loss, blood transfusion and prolonged hospital stay, Fifth minute APGAR Score < 7 was

more common in the second stage C/D group, but the rate of NICU admission and ENND is not significantly different between the two groups.

Key words

First stage cesarean Delivery, second stage cesarean delivery, Maternal Outcome, Neonatal Outcome, Jimma Medical Centre.

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Acronyms

ACOG......American College of Obstetricians And Gynecologists

APGAR – Appearance, Pulse rate, Grimace, Activity, Reflex

ANCAntenatal Care

C/D.....Cesarean Delivery

COVID 19... Corona Virus Disease

EONS..... Early Onset Neonatal Sepsis

ENND.....Early Neonatal Death

FSOL.....First Stage Of Labor

GA.....Gestational Age

GC.....Gregorian calendar

Hct Hematocrit

JMC.....Jimma Medical Centre

LNMP.....Last Normal Menstrual Period

LUS C/D.....Lower Uterine Segment Cesarean Delivery

NRFHRP......Nonreassuring Fetal Heart Rate Pattern

NICU......Neonatal Intensive Care Unit

ObGyn.....Obstetrics and Gynecology

OPD.....Outpatient Department

SSOL.....Second Stage Of Labor

WHO......World Health Organization

CHAPTER 1: INTRODUCTION

1.1. Background

Cesarean delivery (C/D) is defined as the delivery of a fetus, placenta and fetal membranes through surgical incisions made through the abdominal wall (laparotomy) and the uterine wall (hysterectomy) after 28 weeks of gestation. C/D is performed when safe vaginal delivery is either not feasible (absolute) or would impose undue risks on the life of the mother or the fetus(relative). When C/D is done in labor on due to any complications that necessitate immediate delivery, the cesarean is called Emergency C/D. Planned C/D before the onset of labor is elective C/D (1).

Cesarean Delivery is the most common procedure done worldwide. Since 1985, the international healthcare community has considered the ideal rate for cesarean sections to be between 10% and 15%. Since then, cesarean sections have become increasingly common in both developed and developing countries. Rates vary between countries and health facilities. Variable rates of C/D are reported between and within countries in developed and developing countries. The proportion of Cesarean birth is 21.1% in developed and only 2% in least developed countries. The Ethiopian national cesarean section rate is about 2%, but the rate varies widely among administrative regions, suggesting unequal access. C/Ds were highest among urban mothers, first births, births to women with higher education, and births to women from the richest quintile of household wealth (2).

Cesarean Delivery can be done in first stage of labor which is defined as C/D done from regular uterine contraction to less than full cervical dilatation, and in second stage of labor which is the time elapsed from full dilatation of cervix to expulsion of the fetus. One fourth of the primary C/D is reported to be done in second stage of labor (SSOL) and are more complicated compared to the one performed in FSOL. When compared with first stage C/D, second stage C/D demonstrated undesirable outcomes like perinatal mortality, postpartum Hemorrhage, puerperal febrile morbidity, neonatal seizures, as well as outcomes of less certain significance relating to acid base status of the neonate (3–5).

Studies have shown that timely second stage C/D reduces neonatal trauma. Whether second stage C/D reduces birth asphyxia is debatable. For the mother second stage C/D is associated with increased risk of surgical injury including hemorrhage, bladder injury, different forms of incision extensions, longer surgery time and hospital stay, and incidence of postoperative fever.

Therefore, C/D undertaken in second stage of labor is not without risks as compared to first stage C/D (6).

The risk of second stage C/D is increased when fetal malposition at full cervical dilatation by nearly two folds for Occiput transverse, and more than four fold for occiput posterior position. Failure of presenting part to descend may be due to inadequate or incoordinate uterine contraction, malposition, and malpresentation of the body or cephalopelvic disproportion. The cause of this failure to progress should be diagnosed and appropriately treated(7).

Prolonged SSOL imposes a critical dilemma upon the obstetrician. On one hand, it is believed that a prolonged second stage is associated with increased maternal and fetal risks, and frequently leads to mental and physical fatigue of mother, midwife and obstetrician. On the other hand, limiting the duration of second stage inevitably leads to higher incidence of operative vaginal deliveries or C/D. Obstetrical dogma still maintains that the normal duration of the second stage of labor may not exceed 2 hours. This limit appears too arbitrary, however, because there is still a substantial lack of data on perinatal outcome in relation to the duration of second stage. Furthermore, the concept of 'normal duration of second stage' has greatly changed in obstetrical history, which has left unclear what upper limit should be considered optimal (4).

C/D in late labor or at full dilatation with reduced liquor and engaged fetal head is more difficult procedure and carries a higher risk of complications for both the mother and neonate. This is reflected in a high rate of extension of the uterine incision - a rate up to 35% as been reported. The extensions occur due excessive manipulation that may be required to deliver the fetal head when the lower uterine segment is already thin, edematous and overstretched. This results in higher rates of major obstetrical hemorrhage, injury to uterine vessels, trauma to the urinary tract and increased hospital stay. The risks for the fetus include difficulty in delivering the head, leading to delay between uterine incision and delivery time in an already compromised fetus, and direct fetal trauma resulting from attempts at extracting a deeply engaged head from the pelvis, such as fractures, cephalhematoma and subgaleal hematoma (8).

1.2. Statement of the problem

Maternal and perinatal outcome is affected by different factors among women who give birth by Cesarean Delivery. Cesarean section at full cervical dilatation with an impacted fetal head can be technically difficult and is associated with increased trauma to the lower uterine segment and adjacent structures, as well as increased hemorrhage and infection(3,8,9).

When compared with cesarean deliveries in the first stage of labor, cesarean deliveries in the second stage have been associated with longer surgery time, increased postoperative fever, maternal intra operative trauma and composite maternal morbidity. Neonatal complications are also more common with second stage cesarean deliveries when compared with first stage cesarean(10,11).

Globally there are many studies done to compare both maternal and perinatal outcomes when the cesarean section is done in second stage and first stage of labor. But in Ethiopia, and specifically in JMC there is no such study is done yet. To prevent complications associated with second stage C/D we have to avoid the procedure in second stage of labor or we have to use possible techniques and experienced surgeon specifically for C/D in second stage. The assessment of these obstetric outcomes could help us see our present practice towards management of second stage cesarean delivery and forward recommendations based on the study results.

1.3 Significance of the study

Although there are several studies done globally comparing fetomaternal outcomes when C/D is done in the 1st stage and second stage of labor, few such study is conducted in Ethiopia.

There is no comparative study on maternal and perinatal outcome in women with first and second stage C/D in the study area.

This study will review the management approach women with second stage C/D. Additionally, the study will provide further information regarding fetomaternal outcome of second stage C/D and associated factors and the results of the study helps other researchers for studies to be conducted in the future. The assessment of these obstetric outcomes could help to see present practice and forward recommendations based on study result.

In summary, the purpose of this study is to know common indications of first and second stage C/D and to study second stage of C/D in comparison to first stage C/D if maternal and perinatal morbidity and mortality is more common in second stage C/D.

CHAPTER TWO: LITERATURE REVIEW

2.1. Overview of literature review

There has been considerable debates on duration of second stage of labor in recent years. Historically SSOL was limited to less than two hours. Recently most authors have extended the duration of second stage to 3 hours because most nulliparous women who underwent epidural anesthesia delivered within 3 hours of second stage in comparison with 2 hours in those without regional anesthesia. More importantly, the extension of time given to SSOL has been shown to increase the overall rates of vaginal delivery without adversely affecting neonatal morbidity. However maternal morbidities are increased and include operative deliveries, anal sphincter tears, postpartum hemorrhage and emergency C/D (12).

Most report on second stage C/D originate in well-resourced countries and have led the Royal College of Obstetricians and Gynecologists recommending the presence of consultant obstetrician whenever in Under-resourced countries C/D is performed by medical doctors of varying experience at different levels of health care. Hospitals are staffed by Medical officers, Community service doctors, and General practitioners. There are no specialist obstetricians and this hospitals are unlikely to be staffed by registrars in training (12,13)

Retrospective study of all C/D at a single, university-affiliated Bnai-Zion Medical Center, Haifa, Israel, between January 2010 and December 2014, was conducted on term, singleton pregnancies with cephalic presentation. Maternal outcomes of second stage C/D were compared to those of first-stage C/D. The primary outcome was defined as estimated blood loss >1000ml. Overall, 1004 mothers were included out of which 290 (29%) had a second-stage C/D and 714 (71%) had a first-stage C/D. Women in the second stage C/D group had a higher nulliparity and hypertensive disorders rates and a lower rate of previous C/D. Second stage C/D was associated with more than double the rate of estimated blood loss >1000ml (9.7% versus 3.8%, p<.001), and more prone to unintentional uterine incision extension, uterine atony, hemoglobin decrease >2g/l and antibiotic treatment for suspected endometritis. In a multivariable logistic regression model, second-stage C/D was found to be independently associated with unintentional uterine incision extension (OR 6.8, 95% CI 4.1–11.2), uterine atony (OR 3.3, 95% CI 1.4–8.0) and antibiotic treatment for suspected endometritis (OR 2.6, 95% CI 1.4–5.1), but not with excessive blood loss (OR 1.5, 95% CI 0.8–2.8). Additionally, failed assisted vaginal delivery prior to second stage CS was not associated with a higher rate of complications. Second-stage CS is associated with

higher rates of adverse maternal outcomes, mainly unintentional uterine incision extension, uterine atony, and suspected endometritis(14).

Between the months of May and December 2007 at a district hospital in Durban, South Africa, a chart review of all C/Ds was performed and a total of 1257 C/Ds were available for analysis, of which 640 were electives and 617 emergency C/Ds. The overall C/D rate was 27.2%. There were 53 second stage C/Ds. The rate of second-stage emergency C/D was 8.6%. In 32 (60.4%) of the 53 patients, the second stage lasted ≤ 2 hours and for the remaining 21 it exceeded two hours. Neonatal complications in this study were similar to those found in a control group of emergency first-stage C/Ds. Estimated blood loss, blood-stained urine, postoperative fever and operative times were, however, greater in the second-stage C/D group. However, these maternal complications did not affect eventual clinical outcomes. Second-stage C/Ds performed in a district hospital are associated with increased maternal complication rates but not with neonatal complications (12).

In a 3 year observational study conducted at the Bakirkoy Women's and Children's Teaching Hospital Istanbul, Turkey, from June 2008 to July 2011, the second stage C/D had a 4.25-fold greater risk of maternal morbidity than those who underwent C/D in the first stage of labor (25.5% vs 6%). Apgar scores of 3 at 5 minute were significantly more frequent (3.3%) in newborns of mothers who were operated on in the second stage of labor compared with those operate during the first stage (0.4%). The rate of fetal injury during delivery (2.3% vs 0.1%), admission to the neonatal intensive care unit (5.0% vs 0.8%), septicaemia (3.3% vs 0.4%) and neonatal death (1.3% vs 0.003%) were all more common in women who underwent C/D in the second stage of labor (15).

An observational cross-sectional -hospital based study was carried out in Ibrahim Malik Hospital in Khartoum State, Sudan from October 2015 to October 2016 in which Six hundred women were enrolled(200 women underwent second stage C/D for variable indications, while 400 women underwent first stage cesarean section. Women who underwent C/D in the second stage of labor had greater risk of maternal morbidity than those who underwent C/D in the first stage of labor. The rate of bleeding >1000 ml, extension of the uterine incision, bladder injury and perinatal morbidity was also higher among those underwent second stage C/D. The rate of fetal injury during delivery, fresh stillbirth, admission to the neonatal intensive care unit, neonatal

sepsis and early neo- natal death(ENND) are more in those delivered by C/D at second stage. Intra operative bleeding, adhesion, bladder injury, caesarian hysterectomy, perinatal asphyxia, Fresh Still Birth, birth trauma, NICU admission and low Apgar score were more related to 2nd stage C/D (16)

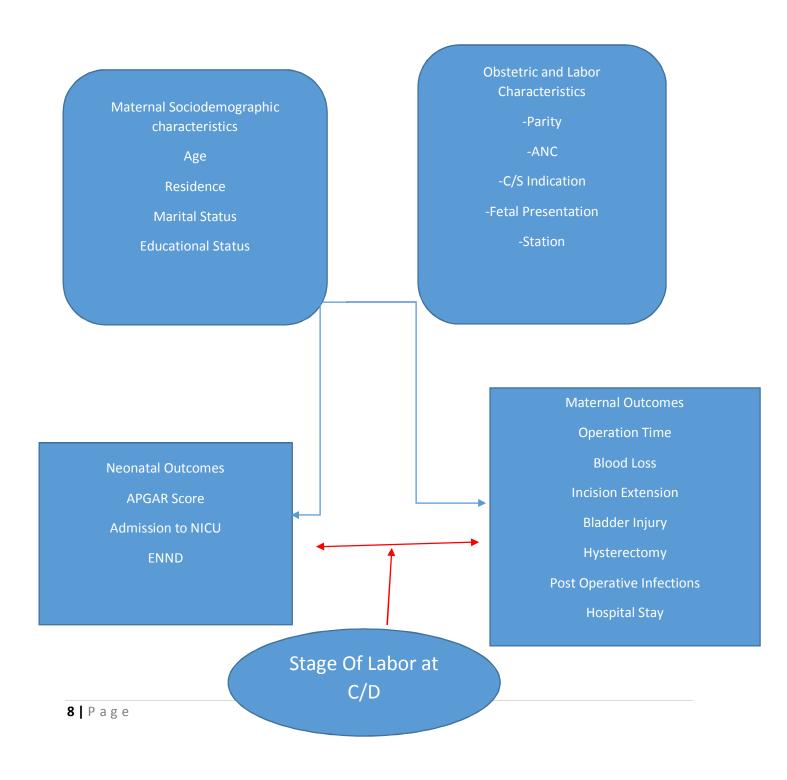
A prospective observational study of primary cesarean deliveries in China at 13 university centers was conducted between January 1, 1999, and December 31, 2000. A total of 11,981 C/Ds were available for analysis: 9,265 were performed in the first stage and 2,716 in the second stage. C/Ds performed in the second stage were associated with longer operative times, epidural analgesia, chorioamnionitis, and higher birth weight. The maternal composite index was slightly increased in women undergoing C/D in the second stage of labor, primarily due to uterine atony, uterine incision extension, and incidental cystotomy. This difference was significant after multivariable analysis (odds ratio 1.21, 95% confidence interval 1.07–1.37). After multivariable analysis, the neonatal composite did not differ significantly between groups (11).

In another study done in the United Kingdom,in 2011 singleton term pregnancies who had a C/D in the first stage of labor(FSOL) and those who had second stage C/D: of 627 women, 81% had C/D IN 1ST stage and 19% had C/D in second stage of labor. Women undergoing C/D at full cervical dilatation were 1.9 times more likely to have augmented labor and 2.8 times more likely to have epidural anaesthesia in labor than those in 1st stage. Compared with C/D in FSOL, women undergoing C/D in SSOL were 4.6 times more likely to have composite intraoperative complications, 3.1 times more likely to have blood loss greater than 1,000ml, and 2.9 times more likely to have blood transfusion. The risk of neonatal morbidity was higher in first stage cesareans when performed for presumed fetal compromise(66.3 vs 26.3%, p = 0.002), and lower when they were performed for failure to progress(18.4% Vs 42%, P = 0.02) C/D in second stage of labor is associated with a higher risk of maternal but not perinatal morbidity (17).

An institution based comparative cross-sectional study was conducted in three teaching hospitals in Addis Ababa, Ethiopia. A total of 3238 deliveries were attended in the three teaching hospitals during the study period making the C/D rate of 30.1%. Three hundred eighty-eight emergency C/D cases were enrolled the proportion of 97 (10.9%) second stage and 291 (89.1%) first stage C/D. Significant difference observed in the mean blood loss between the second stage and first stage C/D, 552 ml vs. 410 ml, (OR 30.13, 95% CI 16.25-55.85). Similarly, the women in the second stage C/D had longer mean hospital stay and mean longer operation time than first stage C/D. Five cesarean hysterectomies were done for postpartum haemorrhage and four cases

of extension of incision site were encountered following second stage C/D compared to none in the first stage C/D. Though no maternal death or significant perinatal complications were encountered, women with second stage C/D had significant maternal morbidities than first stage cesarean delivery (10).

2.2 Conceptual Framework



CHAPTER THREE: OBJECTIVES

3.1 General Objectives

➤ To compare maternal and perinatal outcomes when cesarean delivery is done in second stage of labor and first stage of labor in JMC, Southwest Ethiopia from December 2020 to August 2021.

3.2 Specific Objectives

- ➤ To Determine rate and common indications of first stage and second stage C/D in JMC, Southwest Ethiopia from December 2020 to August 2021.
- ➤ To determine maternal outcomes of first stage and second stage C/D in JMC, Southwest Ethiopia from December 2020 to August 2021.
- ➤ To determine perinatal outcomes of first stage and second stage C/D in JMC, Southwest Ethiopia from December 2020 to August 2021.

CHAPTER FOUR: MATERIALS AND METHODS.

4.1 Study Area

The study was conducted in Jimma Medical Centre (JMC) which is found in Jimma city, Southwest Ethiopia 353 km from Addis Ababa. Jimma University is one of the higher institutions in Ethiopia. The main campus is situated to the east of the town at about 3kms from the down town, Jimma Municipality and 4kms before reaching to King Abajifar Palace. Jimma Medical Centre (JMC) which is part of Jima University (JU), established in 1930, is located in the main campus. It is a referral hospital which provides services for approximately 9,000 in patient and 80,000 outpatient attendances a year with a very wide catchment population of over 15 million people in southwest Ethiopia.

The Centre provides almost all major types of medical care and it has a total of 659 beds of which 52 are found in the maternity ward. The first and second stage rooms of the labor ward have 11 and 5 beds, respectively. The Hospital also has two maternity OR tables on which both elective and emergency obstetric operations are performed. The labor and maternity wards are ran by midwives, medical interns, resident physicians of obstetrics and gynecology, and obstetrics and gynecology consultants. Monthly, on average, 369 and 168 mothers deliver vaginally and by C/D respectively. The hospital serves as a referral hospital for the southwestern part of the country and most of the laboring mothers come from rural areas.

4.2 Study Period

The study was conducted from December 2020 to August 2021 GC in JMC on women for whom C/D is done in first stage and second stage of labor.

4.3. Study Design

Comparative cross-sectional study was used to compare maternal and perinatal outcomes in second stage versus first stage C/D.

4.4 Source Population

All deliveries at JMC in study period

4.5 Study Population

All first stage and second stage C/D conducted in JMC in specified time period and registered in on Operation Theatre Log Book

4.6. Inclusion and Exclusion Criteria

Inclusion Criteria

All mothers delivered at term and beyond by C/D during the study period

Exclusion Criteria

All mother who had previous CD, twin pregnancy, IUFD, APH

4.7 Sample size and sampling technique

Sample size was calculated using the Epi info statcalc for population proportion, level of confidence of 95% and 80% power is used. Taking EBL>500ml as a primary outcome of interest and prevalence of 38.8% and 58.8% in 1st stage and second stage group respectively, which will be 169 cases for each group. Considering second stage and first stage C/D in a ratio of 1:3, 85 and 254 respectively and a total of 339 women were studied during the study period. For every second stage cesarean delivery fulfilling inclusion criteria, the next three first stage cesarean delivery fulfilling inclusion criteria were selected as controls for the study(9,14,18)

4.8 Data Collection Methods

4.8.1 Data Collection Instrument

All women with second stage of labor fulfilling the inclusion criteria were identified, and those with first stage of labor were taken as control. Data was collected using questionnaire and checklist that contains sociodemographic characteristics of mothers, clinical presentations, laboratory data and maternal and fetal outcome parameters and associated factors. The structured questionnaire was filled after the women delivered and before the woman or neonate was discharged from the hospital.

4.8.2 Data Collectors

Data collectors were residents of obstetrics and gynecology and medical who were trained oriented on the study objective and data collection tools with a close supervision from the principal investigator. Observation of senior resident during the surgery was also included.

4.8.3. Data Collection Procedure

Data was gathered by reviewing charts of the mothers and supplemented by interviewing the subjects. Intraoperative blood loss was estimated by the number of gauzes used; well soaked one big gauze is counted as 120ml of blood while soaked small gauze is counted as 20ml of blood, which will be added and said to be excessive if it is more than or equal to 1000 ml. Gestational age was calculated using either reliable LNMP, early ultrasound or Ballard score; and those having GA of 37 weeks or beyond are included in the study. Change in Hematocrit was calculated by the formula – (Preoperative Hct – Postoperative Hct) /Preoperative Hct *100. The patients were followed throughout their stay in the hospital to assess presence and development of complications. The neonates admitted to NICU were followed for possible complications up to discharge or 7th day of life. To prevent the spread of COVID 19, all the data collectors were encouraged to persistently use face mask and alcohol-based hand rub throughout the data collection.

4.9 Data Quality Control

Data collection tool was initially tested on 20 clients and necessary modification was made. The principal investigator supervised the data collectors during data collection. The collected data was reviewed and checked for completeness, entered into Epi data V3.1, cleaned, coded and exported to SPSS for analysis.

4.10 Analysis

Data was entered to Epi data v3.1, checked for completeness, cleaned, coded and exported to to SPSS. Statistical data analysis was conducted using SPSS v.23. Frequency distribution tables were used to describe data, and measurements of central tendency like mean and median were used when appropriate. Categorical data were compared using Chi square or Fischer's exact test when appropriate. Relative risk was calculated and P value less than 0.05 was taken as statistically significant.

4.11. Variables

Dependent Variables

- 1. Maternal Outcomes Extension of uterine incisions, bladder injury, infection, blood transfusion, hysterectomy, change in hematocrit, Length of Hospital Stay
- 2. Fetal Outcomes Birth Weight, 1st & 5th minute APGAR score, Fetal Injury, Admission to NICU, Early Neonatal Death

Independent Variables

- 1. Maternal Age
- 2. Parity
- 3. Address
- 4. Antenatal care
- 5. Station of presenting part at time of cesarean delivery
- 6. Gestational Ages
- 7. Birth weight

4.12 Ethical Clearance

Ethical clearance was obtained from College of Public Health and Medical Sciences ethical review committee and permission to conduct the study was obtained and submitted to Chief Clinical Director of JMC. Verbal consent was taken from the study subjects and the right of the respondents stop the interview anytime or not responding to certain questions was respected. Additionally, names of participants were not mentioned in the study and information obtained from patients is held confidentially. Any information which will negatively affect the hospital, the staffs and the clients will not be released for any third party.

4.13 Plan for Dissemination and Utilization of Results

At the end of research report, the findings will be submitted to concerned authorities and if needed will be discussed with the head of departments and facilities as well as interested staffs. The result will also be published on national and international journals.

4.14 Operational Definitions

Booked – At least one antenatal visit at any of the health facility

GA – Gestational Age determined from either LNMP, early ultrasound, or ballard Score

Term – Gestational age beyond 37 weeks as calculated by either of LNMP, early Ultrasound, or Ballard Score

Urban – place of residence from administrative capitals of zones or weredas or capital cities of regions.

Rural – Place of residence, not urban

Complications – Any complication that happened before discharge related to the current pregnancy

NRFHRP- Abnormal fetal heart rate; using intermittent auscultations or continuous electronic monitoring

Operation time – time elapsed from skin incision to skin closure.

Low APGAR Score – 5th minute APGAR score less than 7

ENND – death of a newborn within 7 days of life

PPH – hemorrhage following delivery which required intervention of the managing team either medically or surgically

Extension of Uterine incision – any tear on the uterus that required additional layer of repair.

Hospital Stay – the days the mother stayed in the hospital from the day C/D was done until discharge.

CHAPTER FIVE: RESULTS

5.1 Sociodemographic characteristics

During the study period, 3,879 deliveries were attended at JMC, Jimma Southwest Ethiopia, out of which 1400 deliveries were conducted by Cesarean Delivery making cesarean delivery rate 36.1%. Total of 339 women were included in this study; 254 (74.9%) of the cesarean deliveries were performed during the first stage of labor, and 85 (24.1%) had cesarean delivery done at second stage of labor.

Majority (37.4%) of the women in the first stage group are found in the age category of 25-29 years while 43.5% of the second stage group are in 19-24years. The mean age in the first stage C/D group is 26.33 years while that of the second stage C/D is 25.09 years. Majority of women are from urban area (64.2% of first stage and 51.8% of second stage group). Most (95.3%) of the women in both groups are married. Majority (76.7% Vs 69.4%) of the women in both groups can at least read and write their first language while about quarter (23.2%) of the mothers in the first stage C/D group and 30.6% of the second stage group can't read and write. Majority of the women are Muslims (62.6% and 69.4% in first stage and second stage group respectively) and Oromo by Ethnicity (79.5 Vs 75.3%) in first stage and second stage groups respectively. See Table 1.

Table 1. Maternal Sociodemographic Distribution of Women who underwent C/D at JMC from December 2020 to August 2021.

Maternal		STAGE OF LA					
Sociodemographic Characteristics		FSOL(n=254)		SSOL(n = 85)			
			Percent	Frequency	Percent	P value	
	<18	8	3.1	5	5.9		
Age	19-24	82	32.3	37	43.5		
Age	25-29	95	37.4	30	35.3		
	30-34	43	16.9	9	10.6	0.3	
	<u>≥</u> 35	26	10.2	4	4.7		
	Mean \pm SD	26.33 ± 5.17		25.09 <u>+</u> 4.57			
Residence	Urban	163	64.2	44	51.8		
Area	Rural	91	35.8	41	48.2	0.4	
Marital	Single	5	2.0	3	3.5		
Status	Married	242	95.3	81	95.3		
	Divorced	6	2.4	1	1.2	0.7	
	Widowed	1	.4	-	-		
Educationa	Can't read & write	59	23.2	26	30.6		
1 Status	Read & write only	76	29.9	25	29.4		
	Secondary education	60	23.6	18	21.2	0.55	

	Beyond secondary	59	23.2	16	18.8	
Religion	Muslim	159	62.6	59	69.4	
	Orthodox	66	26.0	14	16.5	0.193
	Protestant	29	11.4	12	14.1	

5.2. Maternal Obstetric Characteristics

Majority of women in both groups had at least one ANC follow up (97.2% of first stage C/D group and 95.3% of the second stage group). From among women who had ANC, majority (36.2%) of the first stage group were booked at JMC while more than half (52.9%) of the second stage group were booked at Health Centers. Majority (51.8% of second stage group and 43.7% of the first stage group were primi gravida while the remaining were multigravida. Considering parity, 46.5% of the first stage group and 54.1% of the second stage C/D group were primiparous while the rest were multiparous. Onset of labor was spontaneous in majority of the cases in both groups (95.3% and 88.6% in second stage and first stage respectively). Augmentation was carried out before C/D in 11 (4.3%) of women in the first stage C/D group while none of the second stage group were augmented.

The common fetal presentation was Vertex in both groups (89.4% for first stage and 80% for second stage). Most of the cesarean deliveries were performed at station -1 (41.7%) for first stage group and at station 0(58.8%) for the second stage group. NRFHRP was the most common (54.3%) indication for cesarean delivery in the first stage group followed by CPD (14.2%) and Arrest/Protraction Disorder (11%) while CPD, Obstructed Labor and NRFHRP are the first three common indications of C/D in second stage of labor accounting for 42.4%, 31.8% and 17.6% respectively. See tables 2&3

Table 2 comparison of Obstetric characteristics of Among Women who underwent C/D at JMC from December 2020 to August 2021.

Maternal	Obstetric	STAGE O	F LABOR	AT C/D			
Characteristics		FSOL(n=2	54)	SSOL(n	SSOL(n = 85)		
		Frequenc	Percent	Freque	Percent		
	Booked	247	97.2	81	95.3		
ANC	Un booked	7	2.8	4	4.7	0.383	
DI OC	JMC	92	36.2	19	22.4		
Place Of ANC if	Health Centre	89	35.0	45	52.9		
Booked	Other Hospital	34	13.4	11	12.9	0.33	
	Private Clinic	32	12.6	6	7.1		
Gravidity	I	110	43.7	44	51.8	0.430	
	II-IV	111	43.3	32	37.6		
	<u>≥</u> V	33	13	9	10.6		
	I	118	46.5	46	54.1		

Parity	II-IV	106	41.7	30	35.3	0.40
	<u>≥</u> V	30	11.8	9	10.6	
Onset of	Spontaneous	225	88.6	81	95.3	0.08
labor	Induced	29	11.4	4	4.7	
Labor	Yes	11	4.3	0	0	0.39
Augmente d	No	243	95.7	85	100	
	Vertex	227	89.4	68	80.0	
Fetal	Breech	17	6.7	3	3.5	0.06
Presentati	Shoulder	2	.8	2	2.4	
on	Face	5	2.0	1	1.2	
	Brow	1	.4	5	5.9	
	Parietal bone	2	.8	6	7.1	
Station of	-2	83	32.7	0	0	
Presenting	-1	106	41.7	10	11.7	0.71
Part at time of	0	46	18.1	49	57.6	
Decision	+1	19	7.5	21	24.7	
for C/D	+2	0	0	5	5.9	

Table 3 Frequency and percentage of indications of Cesarean Delivery among women who Underwent C/D at JMC from December 2020 to August 2021.

Indication of Cesarean Delivery	Stage of I C/D				
	FSOL		SSOL		P
	Freq.	%	Freq.	%	value
NRFHRP	137	53.9	16	18.8	0.071
Arrest/protracted Cervical	29	11.4		-	-
dilatation					
Arrest of descent in SSOL	-	-	3	3.5	-
CPD	37	14.6	36	42.4	0.16
Obstructed labor	6	2.4	26	30.6	0.06
Malpresentation	16	6.3	4	4.7	0.59
MSAF	14	5.5	-	-	
Others	15	5.9	-	-	

5.3. Maternal Outcomes

The mean of total operation time in the second stage group was 52.88 ± 21.4 minutes and 44.89 ± 11.93 minutes for first stage C/D group. The surgery took more than 50 minutes for 37(43.5%) of the second stage and 63(24.8%) of respondents in the first stage C/D group (p-0.01 95% CI 2.34(1.4-3.9)). The mean intraoperative blood loss was 616.82ml for the second stage C/D group and 472.82ml for the first stage C/D group .Majority of women who lost more than 1000ml of blood intraoperatively belong to the second stage group (12.94% Vs 1.18%). (p <0.05). Drop in hematocrit by more than 10% is higher in the women who underwent C/D in SSOL when compared with those operated in FSOL (65.9% Vs 29.9%) (p <0.01, 95% CI 2.2(1.7-5.5). See Table 4.

Intraoperatively, three women (3.5%) of women in the second stage group sustained uterine incision extension while only one (0.4%) of woman in the first stage group developed extension. Two (2.4%) of the second stage C/D group sustained iatrogenic bladder injury but no such complication occurred in the other group. PPH was diagnosed clinically in 13(15.3%) of the second stage group and 7(2.8%) of the first stage group. Blood transfusion was required in ten women (11.8%) of the second stage C/D group and two (0.7%) of the first stage C/D group required blood transfusion (p-0.03, 95%) CI 14.9(3.3-66.8). See Table 4.

Postoperatively, women for whom C/D was done in the second stage of labor were more prone to Puerperal sepsis (12(14.1%) Vs 8(3.2%), wound infection (6(7.1%) Vs 1(0.4%). Women for whom C/D was done in second stage of labor stayed more days in the hospital when compared with the first stage group (5.24 \pm 3.05 days for second stage group Vs 3.71 \pm 1.67 days for first stage group). The risk of staying more than 5 days in the hospital is more than three times higher when C/D is done in SSOL than in FSOL (p – 0.002, 95% CI 2.8(2.2-6.3). See Table 4

Table 4. Comparison of Maternal Outcomes among Women Who Underwent First Stage and Second Stage C/D at JMC, Jimma, Ethiopia from December 2020 to August 2021.

	Stage of Labor at time of Decision for C/D				RR	
Maternal Outcome Variables	FSOL		SSOL		95% CI	
	Frequ	Percent	Freque	Percent		P value
	ency		ncy			
Mean total duration of surgery	44.89 <u>+</u>	11.93	52.88 <u>+</u> 2	1.40		
(min)*						
Surgery Duration >50minutes	63	24.8	37	43.6	2.34(1.4-3.9)	0.01*
Estimated blood loss (ml)*	473.82	105.73	618.82+	224.00		
EBL≥1000ml	4	1.6	10	11.76	7.5(2.4-23.2)	0.001*
Change in hematocrit (%)*	8.39 <u>+</u> 5	.77	14.18 <u>+</u> 7	¹ .97		
Change in Hct >10%	76	29.9	56	65.9	2.2(1.7-5.5)	0.001*
РРН	7	2.8	4	5.3	1.7(0.5-6.7)	0.199
Uterine Incision Extension	1	0.4	3	3.5	8.9(0.9-85.0)	0.837
Bladder Injury	0	0	2	2.4		
Blood Transfusion	2	0.7	10	11.8	14.9(3.3-66.8)	0.03*
Puerperal Sepsis	8	3.2	12	14.1	0.7(0.19-3.18)	0.727

Wound infection	1	0.4	6	7.1	0.167 (0.08- 1.59)	0.119
Hospital Stay(days)*	3.7 <u>+</u> 1.67		5.31 <u>+</u> 3.0	4		
Hospital stay \geq 5 days	33	13.0	33	38.8	3.7 (2.2-6.3)	<0.002*

5.4. Neonatal Outcomes

The mean birth weight of the newborns in the first stage group is 3193.66±504.72gm and 3351.53±436.18gm in the second stage group. Most of the neonates in both groups had normal birth weight, 2500-3999gm (91.8% Vs 68.2%). Out of the neonates delivered by C/D in SSOL, 13(15.3%) had APGAR score <7 while only 8(3.1%) of the first stage group had APGAR score less than 7 (p 0.003, 95% CI 4.9(2.1-11.3). Out of the 77 neonates who required admission to NICU, 49(19.3%) were born in first stage while 28(32.9%) newborns were delivered in second stage of labor (p-0.167). The rate of neonatal death was higher in the second stage C/D group (3.1% in the first stage Vs 9.4% in the second stage C/D group). See Table 5

Table 5. Comparison of Neonatal Outcomes Among Women Who Underwent First Stage And Second Stage C/D At JMC, Jimma, Ethiopia From December 2020 To August 2021.

		Stage of C/D	Labor at	time of Dec	cision for		
Neonatal C	utcome	FSOL(n=	=254)	SSOL(n=85	5)	RR	P value
Variables		Freque	Percent	Frequency	Percent	95% CI	
		ncy					
Birth	<2500	27	10.6	3	3.5		0.621
Weight	2500-3999	219	86.2	78	91.8		
(gm)	±4000	8	3.1	4	4.7		
Mean Birth	Weight(gm)	3193.66 ± 504.72		3351.53 ± 435.18			
Mean 5 th	min APGAR	8.78 ± 0.86		8.26 ± 1.25			
Score							
5 th minute A	AGPAR <7	8	3.1	13	15.3	4.9(2.1-	0.003*
						11.3)	
NICU Adm	ission	49	19.3	28	32.9	1.7(1.2-	0.167
						2.5)	
Outcome	ENND	8	3.2	8	9.4	3(1.2-7.7)	0.837
at NICU	Alive at	41	16.1	20	23.5		
	Discharge						

CHAPTER 6: DISCUSSION

Cesarean Delivery done in second stage of labor is assumed to be associated with greater maternal and neonatal morbidity and mortality when compared with first stage C/D. A caesarean delivery performed during the second stage of labor is technically difficult because the fetal head engagement in to the maternal pelvis has already been completed, and the maternal uterine muscle is very thin and tense. Additionally, the identification of the bladder and the low segment of the uterus may be difficult, and traumatic to the infant. This study compared maternal and neonatal outcomes in second stage and first stage of labor.

In this study the cesarean delivery rate was 36.1% which is higher than the recent C/D prevalence of Ethiopia which is 29.55%. The figure is also higher than the C/D rate reported from study done in Addis Ababa where C/D accounted for 30% of Hospital delivery in three tertiary hospitals. A study from Sudan also reported C/D rate of 26.1% from a tertiary hospital cross-sectional study. This disparity can be attributed to the fact that JMC is the only referral Hospital in Southwest Ethiopia and most of the cases referred from surrounding hospitals and health centers are complicated cases and need surgical interventions. (3,10,15,19).

Intraoperative characteristics were compared by mean duration of surgery, mean estimated blood loss and change in hematocrit level. In this study mean duration of surgery was significantly higher for second stage group (52.88 ± 21.4 min for second stage C/D versus 44.89 ± 11.93 minutes for first stage C/D group) (P <0.05). The surgery took more than 50 minutes for 37(43.5%) of the second stage and 63(24.8%) of respondents in the first stage C/D group (p-0.01). The study done in Addis Ababa and South African study showed similar trend but lower operation time for both groups(37.5 min Vs 31.12 minutes respectively)(P <0.05). A study done in New Delhi, India also revealed similar result (43.33±6.46 min Vs 34.23±5.84 min)(p<0.001) {Formatting Citation}. The longer surgery time in this study may be explained by the fact that intraoperative complications in second stage of labor may explain the difference in this study. Poor surgical technique may also be a factor for this difference. (10,12

The mean estimated blood loss in the second stage C/D group was 618.82ml which is higher than the first stage C/D group (473.82ml). A study from Addis Ababa also reported lower results (552 ml vs. 410 ml). This study also showed that women who were operated in second of labor had more than five times risk of losing more than 1000ml of blood intraoperatively when compared with those operated in first stage of labor (p-0.032, AOR 5.25(2.72-10.14)).. A three-year observation study from Istanbul, Turkey however reported lower rate though second stage C/D delivery group tend to loss more than 1000ml of blood (37.5% Vs 5.4%). This may be explained again by the incidence of intraoperative complication in the second stage group like incision extension which may lead to more bleeding(10,12,20).

In this study blood transfusion was required for 10(11.8%) women of the second stage group while only two (0.7%) of the second stage group required transfusion (p-0.03). In a study done in United Kingdom, the risk of transfusion was higher (17.3% Vs 5.3%) in the second stage group (p < 0.01). Similar result was also reported by a study done in Turkey in which 10% of the second stage group and 0.9% of the first stage group were transfused. In a study done in India risk of blood transfusion is significantly higher (26.7% Vs 3.1%) p < 0.001. But a study done in Israel there was no statistically significant difference risk of transfusion among the two groups (4.6% Vs 3.9%). From study done in Addis Ababa five women were transfused from among the second stage group while none of the first stage group were transfused. This increased risk of transfusion among the second stage in our study can be a reflection of the significance of intraoperative complications and level of blood loss which happened more in the second stage group (9,10,18,20).

The mean length of hospital stay was significantly longer for the second stage group (5.24 ± 3.05) days for second stage group Vs 3.71 ± 1.67 days for first stage group)(p<0.05). This result is significantly lower when compared with a study done in three teaching hospitals in Addis Ababa by Belay et al which reported mean hospital stay of 6 and 9 days for first stage and second stage C/D group respectively, while the South African study reported 4 and 5 days respectively. A Retrospective study done to compare primary C/D in Turkey however reported no difference in length of hospital stay; both group stayed less than 3 days in hospital. The difference in length of hospital stay in this study can be explained by the fact that patients with obstructed labor and postpartum complications are more common in the second stage group which tend to stay more days in hospital for courses of management. (10,11,15,21,22).

This study showed the risk 5th minute APGAR score <7 and Admission to NICU was higher when C/D was done in second stage of labor than in first stage. The risk of having 5th minutes APGAR score less than seven is about five times likely when the C/D was done in second stage of compared with the first stage(p-0.003, 95% CI 4.9(2.22-13.92). Sinha S et al also reported similar finding where 7.5% and 33.3% of neonates had 5th minute APGAR score less than seven for first stage C/D group and second stage C/D group respectively (p<0.05). A study from Turkey also reported 3.2% and 0.2% in second stage and first stage group respectively (p<0.05). However the study done in three teaching hospitals in Addis Ababa showed no difference in rate of NICU admission, perinatal morbidity and mortality. The indications of C/D in the second stage of labor are CPD and Obstructed labor which might have been there for long before C/D and intrapartum fetal asphyxia might be there (9,10,20).

CHAPTER SEVEN - CONCLUSION AND RECOMMENDATION

7.1. CONCLUSION

In conclusion, C/D rate in this hospital is higher. The result of this study also suggests that women undergoing cesarean section in the second stage of labor had increased maternal morbidities like blood loss, blood transfusion and prolonged hospital stay, The risk of fifth minute APGAR Score < 7 is more common in the second stage C/D group but there is no significant difference in rate of admission to NICU and ENND between the two groups.

7.2. RECOMMENDATION

Further study should be done to know other factors associated with the maternal and perinatal morbidities.

7.3. STRENGTH & LIMITATIONS

7.3.1. STRENGTH

The data was collected prospectively which has helped us to gather as much information as possible.

7.3.2. LIMITATIONS

The study is done in a tertiary center where different level professional do Cesarean delivery and this factor was not controlled in this specific study

The true incidence of those intraoperative complications are dependent on the documentation of the surgeon; there might be underreporting.

The study is also done in a single institution and the study design being cross sectional might not prevent the recall bias.

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Annex 2 Data Collection Instrument

Questionnaire for the study of Maternal and Perinatal Outcomes Among Women Who Underwent First-Stage Versus Second-Stage Cesarean Delivery at Jimma Medical Centre, Jimma, Southwest Ethiopia; A Prospective Cross Sectional Study.

Information sheet and mothers Consent form (English)

Information sheet

Good morning/afternoon/evening? My name is Dr. Yonas Ayele. I am final year resident of obstetrics and gynecology at of Jimma University. I am conducting a study on maternal and perinatal outcome of first stage and second stage cesarean delivery in JMC for my partial fulfillment of the requirements for the certificate of Specialty in Obstetrics and Gynecology. You are chosen to participate in the study. I want to assure you that all of your answers will be kept secret. I will not keep a record of your name or address. You have the right to stop the interview at any time, or to skip any questions that you don't want to answer.

If you agree to participate in the study, interview will take about 15 minutes to complete. Do you have any questions?

You can contact the principal Investigator on - 0913994973

Consent form

Yes

Do you agree to be interviewed?

No

May I begin the interview now? To be signed by interviewer: I cert	ify that I have read the above
consent procedure to the participant.	

Signed:

	WIKN	Phor	e Number		
1.3 Ethnicity					
a) Oromo	b) Amhara	c) Kefa	d) Gurage	e) Tigre	f) Others
1.3 Religion					
a) Muslim b)	Orthodox c) Pro	otestant d) 'W	aaqeffataa'e)	Others	
1.4 Residence Area	a a) Urban	b) Rural			
1.5 Educational S	Status a) Can't Re	ead and write	b) read and wr	rite only d. se	econdary education
e. beyond seco	ondary education				
1.6 Marital status	a) single b) m	arried c)	divorced	d) widowed	I
1.7 Occupational s	status a) housewife	b) govern	ment employe	ee c) stu	ident d) farme
e0other (speci	ify)				
1.8 Monthly incom	me (in birr)				
Maternal Obstet	tric Information a	nt this pregnan	ey		
2.1 Reproduc	ctive History A) C	Gravidity	Parity	Abort	tion
2.2 ANC a) I	Booked b) Un	booked			
22100 1 1	l Place Of ANC J	MC b) Health	Centre c) Ot	her Hospita	l d) Private
2.5 If Booked		,			
	sentation a) Verte		c) shoulder	d) Face e)or	ther
2.4 Fetal pres		ex b) breech		d) Face e)ot	ther
2.4 Fetal pres	sentation a) Verte Labor A) Spontai	ex b) breech		d) Face e)or	ther
2.4 Fetal pres 2.5 Onset of l . Indication for C	sentation a) Verte Labor A) Spontai	ex b) breech neous B) Indo	iced	d) Face e)or	ther
2.4 Fetal pres 2.5 Onset of l Indication for C	sentation a) Verte Labor A) Spontai C/D Labor at C/D a) F	ex b) breech neous B) Indo	iced	d) Face e)or	ther
2.4 Fetal pres 2.5 Onset of I Indication for C 3.1 Stage Of I	sentation a) Verte Labor A) Spontar C/D Labor at C/D a) F a for C/D	ex b) breech neous B) Indo	iced	d) Face e)or	ther
2.4 Fetal pres 2.5 Onset of I Indication for C 3.1 Stage Of I 3.2 Indication A. NRFHRP	sentation a) Verte Labor A) Spontar C/D Labor at C/D a) F a for C/D	ex b) breech neous B) Indo SOL b) SSO	iced	d) Face e)or	ther
2.4 Fetal pres 2.5 Onset of I Indication for C 3.1 Stage Of I 3.2 Indication A. NRFHRP B. Arrest/pr	sentation a) Verte Labor A) Spontar C/D Labor at C/D a) F a for C/D	ex b) breech neous B) Indo SOL b) SSO dilatation	iced	d) Face e)or	ther
2.4 Fetal pres 2.5 Onset of I Indication for C 3.1 Stage Of I 3.2 Indication A. NRFHRP B. Arrest/pr	sentation a) Verte Labor A) Spontar C/D Labor at C/D a) F of for C/D cotracted cervical pelvic disproportion	ex b) breech neous B) Indo SOL b) SSO dilatation	iced	d) Face e)or	ther
2.4 Fetal pres 2.5 Onset of I Indication for C 3.1 Stage Of I 3.2 Indication A. NRFHRP B. Arrest/pr C. Cephalop D. Obstructe	sentation a) Verte Labor A) Spontar C/D Labor at C/D a) F of for C/D cotracted cervical pelvic disproportion	ex b) breech neous B) Indo SOL b) SSO dilatation	iced	d) Face e)or	ther
2.4 Fetal pres 2.5 Onset of I Indication for C 3.1 Stage Of I 3.2 Indication A. NRFHRP B. Arrest/pr C. Cephalop D. Obstructe	sentation a) Verte Labor A) Spontar C/D Labor at C/D a) F of for C/D cotracted cervical pelvic disproportion ed labor descent in second	ex b) breech neous B) Indo SOL b) SSO dilatation	iced	d) Face e)or	ther
2.4 Fetal pres 2.5 Onset of I Indication for C 3.1 Stage Of I 3.2 Indication A. NRFHRP B. Arrest/pr C. Cephalop D. Obstructe E. Arrest of	sentation a) Verte Labor A) Spontar C/D Labor at C/D a) F of for C/D cotracted cervical pelvic disproportion ed labor descent in second	ex b) breech neous B) Indo SOL b) SSO dilatation	oced		ther

I. OTHER	
3.3 Cervical Dilatation at time of Decision for C/D	
3.4 Station of Presenting part at Time of Decision for C/I	D
3.5 Decision delivery interval(minutes)	
A. In FSOL	
B. IN SSOL	
3.6 Operation time (in minutes)	
3.7 Augmentation before C/D	
A. First Stage of labor	
a) Yes Reason	
b) No	
B. Second Stage of Labor	
a) Yes Reason	
b) No	
4. Maternal Outcome	
4.1 Intraoperative Complications a) YES b) No	
4.2 If YES to the above question, What complications	
A. Uterine incision extension	
B. Bladder injury	
C. Hysterectomy	
4.3 Estimated Blood loss (ml)	
4.4 Change in Hematocrit (%)	
4.5 Postoperative complications a) YES b) NO	
4.6 If Yes to the above question, what complication?	
A. PPH	
B. Blood Transfusion	
C. Puerpural sepsis	
D. Wound infection	
E. Other	
4.7 Length of stay in hospital(days)	
Neonatal Outcome	
5.1 Birth Outcome a) Alive b) Stillbirth	
5.2 Birth weight (kg)	

5.3 APGAR Score	1 st minutes	5 th minutes
5.4 NICU admission a)	Yes b) No	
5.5 If Yes to the above,	Outcome a ENND	b) Alive at Discharge
5.6 If ENND, cause of I	Death	
5.7 Length of Stay in N	ICU	

Annex 3 Data Coollection tool - Amharic Version

በጅማ ህክምና ማዕከል፣ ጅማ፣ ደቡብ ምዕራብ ኢትዮጵያ ውስጥ በመጀመሪያ ደረጃ እና ሁለተኛ ደረጃ የቀዶጥና ወሊድ ለሚገላገሉ እናቶች ላይ በእርባዝና ጊዜ እንዲሁም ከወሊድ በኋላ ጤንነትን በተመለከተ የተዘጋጀ የክሮሴክሽን ጥናት

የመረጃ ስንጠረዥ እና የእናቶች የፍቃድ ቅጽ(እንግሊዘኛ)

የመረጃ ሰንጠረዥ

እንደምን አደሩ/ዋሉ/አመዥ? ስሜ <u>ዶ/ር ዮናስ አየለ</u> ነው፡፡ በጅማ ዩኒቨርሲቲ ውስጥ የመጨረሻ አመት የእናቶች እና የስነተዋልዶ ሬዚደንት ሀኪም ነኝ፡፡ በስነተዋልዶ እና የእናቶች ጤና የስፔሻላይዝድ ምስክር ወረቀት ለማግኘት በከፊል <u>ማሚያነት በጅማ የህክምና ማዕከል ውስጥ በመጀመሪያ ደረጃ እና ሁለተኛ ደረጃ የቀዶጥንና ወሲድ ለሚገላገሉ እናቶች ላይ</u> በእርግዝና ጊዜ እንዲሁም ከወሊድ በኋላ ጤንነት ላይ ጥናት እያከናወንኩ ነው፡፡ እርስዎ በዚህ ጥናት ላይ እንዲሳተፉ ተመርጠዋል፡፡ የእርስዎ መልሶቸ በሙሉ በሚስተራዊነት እንደሚያዙ ላረ ጋግፕልዎት እወዳለሁ፡፡ የእርስዎን ስም እና አድራሻ *ማ*ዝባቤ አልይዝም፡፡ እርስዎ በማንኛውም ጊዜ *ቃ*ለመጠየቁን የማቋረጥ ወይም መመለስ የማይፈልጓቸውን ጥያቄዎች የመዝለል መብት አለዎት፡፡

በዚህ ጥናት ላይ ለመሳተፍ ፌቃደኛ ከሆኑ፤ ቃለመጠየቁን ለማጠናቀቀ ወደ 15 ደቂቃዎች ያህል ይወስዳል፡፡

ጥያቄ አለዎ <u>ት</u>	~?
የፈቃድ ቅጽ	
ቃለ <i>መ</i> ጠየቅ	ለማከናወን ፈ.ቃደኛ ነዎት?
አዎ□	ኢይ□
ለተሳታፊው	ን አሁን <i>መጀመ</i> ር እቸላለሁ?በቃለመጠየቅ ፈጻሚ አማካኝነት የሚፈረም ፡ ከላይ የተጠቀሰውን የፈቃድ ሂደት ማንበቤን አረ <i>ጋ</i> ግጣለሁ፡፡
1. ክ ፍ	ናል አንድ፡ <i>ጣህበራዊ-የስነህዝብ መረጃ</i>
1.1.	እድሜየህክምና <i>መዝጉ</i> ብ ቁስልክ
1.2.	ብሔር
	ሀ) ኦሮሞ ለ) አማራ ሐ) ከፋ መ) ጉራጌ ሥ)ትግሬ ረ)ሴላ
1.3.	ሀይማኖት
	ሀ)ምስሊም ለ)አርቶዶክስ ሐ)ፕሮቴስታንት መ)ዋቃፌታ ሥ)ሌላ
1.4.	የመኖሪያ ስፍራ
	ሀ) ከተማ ለ)ንጠር

1.5.	የትምህርት ሁኔታ
	ሀ)ማንበብ እና መጻፍ አልቸልም ለ)መጻፍ እና ማንበብ እቸላለሁ ሐ) ሁለተኛ ደረጃ ትምህርት መ) ከሁለተኛ
	ደረጃ ትምህርት በለይ
1.6.	የጋብቻ ሁኔታ
	ሀ) ያላንባ ለ) ያንባ ሐ) የተፋታ መ)የትዳር አጋር ህይወት ያለፈበት
1.7.	የስራ ሁኔታ
	ሀ)የቤት እመቤት ለ)ንበሬ ሐ)የመንግስት ሰራተኛ መ) የግል ስራ ሥ) ተማሪ ረ) ሌላ፤ ይግለጹ፡
1.8.	መር <i>ህ</i> ዊ ንቢ (ብር)
2. Он	ህ እርግዝና ጊዜ የእናት የስነተዋልዶ <i>መረጃ</i>
1.	!. የስነተዋልዶ ታሪክ፡ ሀ) የቀድሞ እርግዝና
1.2	
1.3	8. ቦታ ካስያዙ፤የወሊድ ጊዜ ክትትል ስፍራ፡ <i>ሀ</i>)ጅሜማ ለ)ጤና ጣብያ ሐ)ሌላ ሆስፒታል <i>መ</i>)የ <mark>ግ</mark> ል
1.4	4. የጽንስ በዳሌ ላይ አቀማመጥ፡ ሀ)በጭንቅላት ለ)በመቀyመጫ ሐ) በትከሻ መ) በፊት ሠ) በቅንድብ
	ረ)በመሀል የራስቅል አጥንት ሰ)ሌላ
1.:	5. ምፕ የጀመረበት ሁኔታ ሀ)በድንባት ለ)ሆን ብሎ
2.	በቀዶ ጥገና መውለድ እንዲከመር ያደረጉ ሁኔታዎች
2.	!. የማዋለድ ሂደቱ ሲከናወን የምጡ ደረጃ፡ <i>ህ</i>) FSOL ለ) SSOL
2.2	2. በቀዶ ተገና የማዋለድ ሂደቱ የተመከረው በ ፡
	v. NRFHRP
	ለ. ዝግ ያለ የማህጻን መስፋት/መለጠፕ
	ሐ. የህጻኑ ጭንቅላት መተለቅ
	<i>ም.</i> በወሊድ ጊዜ የሚዘ <i>ጋጋ</i> /የሚ <i>ጋ</i> ርድ ሁኔታ
	<i>ພ</i> .በሁለተኛው ደረጃ ላይ ልጁ ሲወለድ እና ወደታቸ ሲወርድ የሚ <i>ያጋ</i> ተም እክል
	ረ.የህጻኑ በተገቢው አቀማመጥ ላይ አለመሆን
	ሰ.የሽርት ውሃ በህጻን የቀደ <i>መ</i> አይነምድር ሲቆሽሽ(ይህ ከሆነ ይ <i>ግ</i> ለጹ)
	ሸ. የቀድሞ የቀዶ ጥገና ወሊድን ተከትሎ የሚኖር የስ <i>ጋ</i> ት ሁኔታ
	<i>ቀ</i> . ሌላ፡
2.3	3. በFSOL የቀዶ ተገና ወሊድ ውሳኔ ጊዜ የሚገኝ የማህጻን መለጠተ/ስፋትሁኔታ፡
2.4	 1. የቀዶጥንና ወሊድ ውሳኔ በሚወሰንበት ጊዜ የቀረቡበት ሁኔታ
2.5	5. በውሳኔ እና በወሊድ <i>መ</i> ካከል ያለው ጊዜ(ደቂቃ)

		v. FSOL				
		n) SSOL				
	2.6.	ከቀዶ ጥገና ወሊድ አስቀድሞ ማህጻንን ለማነቃቃት የተከናወነ ድርጊት				
		ሀ. አዎ፤ ምክንያት፡				
		ለ. ኢይ				
	3. hA	ናትነት ረንድ የተገኘ ውጤት				
	3.1. ከቀዶ ተገና <i>ጋ</i> ር በተያያዘ የመጣ ቸግር ሀ) አዎ ለ) አይ					
	3.2.	ከላይ ለተጠቀሰው				
		<i>ህ.</i> የሆድ/ማህጸን ቅድመሽፋጽ				
		ለ. የፊኛ ጉዳት				
		ሐ. የደም ልንሳ				
		<i>ພ</i> . የጣህጸን ጣስወንድ ቀዶ ህክምና				
3.3 የቀ	ዶ <i>ጥገ</i> ና	ያይታ(ደቂቃዎች)				
3.4 የተ	ገሙተ የደ	ም መፍሰስ(ሚሊ):				
3.5. 84	_ት ይ የደም	ህዋስ ይዘት ለውፕ(%)				
3.6 h¢	ንዶ ጥ <i>ገ</i> ና (ገኋላ የመጡ <i>ችግሮች ሀ</i>) አዎ ለ) አይ				
3.7 ከ ላ	ይ ለተጠ	የ ሰው ጥያቄ መልስዎ አዎ ከሆነ፤ ምን ቸግር ተፈጠረ?				
υ. h <i>ውስ</i>	ኒ ድ በኋላ	ብዙ ደም መፍሰስ				
ለ. የደя	^ሙ ል <i>ግ</i> ሳ					
ሐ. የመ	ራቢያ ህፃ	የስ ኢንፌክሽን				
መ. የቁ <u>ር</u>	ነል ኢንፌ	ከሽን				
<i>ው</i> . ሌላ	:					
3.8.	ሆስፒታሪ	ለ ውስጥ የቆየችበት ጊዜ(ቀናት)				
4. ೧ட	ቅላ ህጻን	ላይ የታየ ውጤት				
4.1 Na	ነሊድ <i>ጊ</i> ዜ	የነበረ ውጤት፡ ሀ) በሀይወት ቆይቷል ለ) የጨቅላው ሀይወት አልፏል፡፡				
4.2 የบ	ጻኑ ክብደ	ት(ኪ. ჟ)				
4.3 คบ	ጻኑ የባም	ንማ ውቴት 1ኛ ደቂቃ፡5ኛ ደቂቃ፡				

4.4. በጨቅላ ሀጻን ጽኑ ሀክምና ክፍል ውስጥ የተደረ <i>ገ</i> ቅበላ፡ ሀ) አዎ ለ) አይ
4.5 ከላይ ለተጠቀሰው ጥያቄ መልስዎ አዎ ከሆነ ውጤቱ ሀ) ሀጻኑ ሀይወቱ አልፏል
ለ.) በሚወጣበት ጊዜ በህይወት ነበር ሐ) እስከ 7ኛው ቀን ድረስ በህይወት ነበር
4.6 የህጻኑ ህይወት ካለፌ፤
4.7 በህጻናት ለይቶ ጣቆያ ውስጥ የነበረበት ቆይታ(ቀናት) ፡

የተሞላበው በ፡ ______ልርማ፡ _____ቀን፡ ____

ANNEX 4 – DATA	COLLECTION	IOOL- AFAAN OROMOO	VERSION
sadrkaalammafaagodh	angiduuttijiru, Gid	Dahuumsaa tasarjariisadrkaatokkoffaa ldu Gala FayyaMEDIKALA . DireeKalachanGoodhame.	Fi fi Jimmaa, Jimma,
Waraqaa oddeffannoo	fi eyyama waligalte	e haadhaa (Afaan Oromo)	
Waraqa Oddeffannoo			
kan qo'adhuu yommu dubartoota ciniinsuu baqaqsanii hodhuutiin	ta'u, bartaa wagga sadarkaa fokkoff da'an bu'aa fi dhi awwii barumsa koo	<u>, ani barataa yaala ulfaa fi dhila</u> a dhumaa Yunivarsitii Jimmaa aa fi sadarkaa lammaaffaa bba haadha fi daa'ima irratti f tiif waraqaa raqaa ispeeshaaliit	ti. Ani qoranno keessatti yaala fiduu qo'achatan
hundumtuu akka icitti	dhaan qabaman isii ebii kana bakka ba	aatanif filatamtanii jirtu. Deeb inifan mirakannessa.Maqaaf yk rbaddanitti dhaabuu ni dandde uu ni danddessu.	n tessoon keesan
Qoranno kana keessaa fudhata. Gaafffiiqabdu		af yoo walii galtan, affdeebbich	i daqqiqaa 15 ni
Gaaffiigaaffataaolaana	aargachuubarbaado	duu- 0913994973	
Guucawaligaltte			
Duubdeebiikanaafwali	gltu?		
eyyenmi Lak			
afdeebii kiyyaa haa waligltee eyyamaa arm		iigaafaaadhaankanmallatawu: see nin mirkannnessa	hirmaataadhaaf
mallatto:			
2. Kutatookkoffaahala:	ahaawasumaaumma	ntaa	
1.1 umrii M	1RN	lakkofsabilbilaa	
1.2 sabummaa			

a) O	romo	b) Amaaraa	c) Kafaa	d) Guraage	e) Tigiree	f) kanbiroo
2.3 ama	nttii					
a) M	Iusilima b)	Ortodoksii c)	Protestaantii	d) 'Waaqeffa	taa'e) kanbiro)0
2.4 tesso	o jireenyaa	a) magaalaa	b) baadiya	a		
2.5 Sadı	rkaa baruu	ımsaa a) dubis	suu fi barresi	uuhindanada'u	b) dubisuu fi	barreessu qofa
d. ba	arruumsa s	sadrkalammafa	a e. baruums	aasadrakaalam	affaairraaol	
2.6 Haal	aherumaa	a) qophaa	b) kanhe	ruumtee	c) kanhik	tee d)
kand	hiirsiijalaa	du'ee				
2.7 haala	ahoji a) g	iftiimanaa	b)qonna	anbultuu	c)hojattuum	ottuummaa d)
hojio	ffiikanhojj	attuu		e)		barattu
d)kaı	nbirooibsii_					
		lhana				
3 oddo	efannooulfi	umma haadhaa	ulfaammaa			
2.	.1 seenaawa	alhoormaataaA) ulfa	_ walfakkattina	ulfab	aasu
5.8	ANC a) qa	batamee b)	hinqabatamı	nee		
5.9	Yooqabataı	meebakka ANC	Cqabatmeea)	JMC b) gidd	lu gala fayyaa	c) hoospitaala
ŀ	biro d) kan	dhuunfaa				
5.10	Hala	ataa'uumsami	ciree a) vatro	eeksii b) tessuu	ımaan c) ga	atettiidhan d)
f	fuulaane)dı	ugdaan f) mata	adhaan g) ka	ın biro		
5.11	Haa	ladahuumsaa A) haatatama	aoffiisaatin B	si'eesuudhan	
6. agarsii	sa C/D					
6.1 sa	adarkaa cir	ninfachuu gama	C/D a) FSO	L b) SSOL		
6.2 m	nuldhisa C/	D				
A. I	NRFHRP					
B. A	Afaangadaa	ammeessaahaal	amaleedhiph	achuuyknbaldl	nachuu	
C. V	Walgitudha	nbuuafaangada	meesa			
D. (Cinnisacim	aa				
E. S	Sdrkagadii	anaalammaffai	rrattihiidhac	huu		
F. 1	Malpresent	ation				
G. I	MSAF (yoo	jiraatee ibsii)_				
Н. (C/ D kan ye	roo darbeesaba	ba x –			
I. I	KANBIRO	0				
6.3 A	AfaanGada	messaavemmu	murteenC/Dl	kan FSOL		

(6.4 YemmumurtttinC/Dkennamuqamnidhihatuubakkajiruu
(6.5 Turiimurteekennuudhaaf(daqiiqaadhaan)
	A. FSOL
	B. IN SSOL
(6.6 C/D duramari'achuu
	a) Eyyansababa
	b) miti
,	7. bu'aahaadhaa
,	7.1 opereshiniikeessaa a) EYYAN b) MITI
,	7.2 gaaffileearmaanoliittif EEYAN yoota'ee, rakkoleenjiranmaalfa'aadha:
	A. Hammaamu ramaagadaameesaa
	B. Midhamaa afuffee fincaanii
	C. Dhiiga fudhachuu
	D. Shaakalagaddaammeesaa
,	7.3 YerooOpereshinichi Fixe (daqaiiqaadhaan)
,	7.4 Tilmaamadhigadhangalaa'ee
	(ml)
,	7.5 Garagarrumaadhiggadimmaakennammekeessattijiru(%)
,	7.6 Dhukkubiiopereshiiniisarjariiboodadhuufu) EEYYAN b) MITI
,	7.7 Gaaffiileearmaanoliittifdeebbinkeessanyooeyyanta'e, walxaxinsiijiruumaaliidha?
	A. PPH
	B. Dhigadabarsuu
	C. Dhukkubamadaawu
	D. Dhukubamadaawu
	E. Kanbiroo
,	7.8 yerootuurttiihoospitaa (guyyota)
8.	bu'aadaa'imaharaaadhalatee
:	8.1 bu'aadahuumsaa a) lubbuudhankanjiruu b) luubuudhankanjirre
:	8.2 ulfaattinadaa'imadhalatee (kg)
:	8.3 QabxiiAPGAR daqqiqaa 1ffaa5 th minutes
8	8.4 NICU dhaanfuudhatmuu a) eyyan b) mitii
;	8.5 Kanarmaanoliittifeyyenyoota'ee, bu'aa ENND b) yemmubahuulubbudhaannijira
	c)hanagguyyaa 7ffattii lubbdhannijira

8.7 Terooturtuiivi Cokeessati (guy Kan guutee	yootaan) mallattoo	guyyaa		
8.7 YerooturttiiNICUkeessati (guy	vootaan)			
8.6 Yoo ENNDta'ee, sababadu'aa_	Yoo ENNDta'ee, sababadu'aa			